

Leave You Lonely

COPPERKNOB
STEPSHEETS

拍數: 64 牆數: 4 級數: Phrased Intermediate / Advanced
編舞者: Rhiannon Goodman (USA) & Brianna Bench (USA) - October 2024
音樂: Breakin' in Boots - Matt Stell



#16 Count Tag

Notes: AB Phrased Dance with Tag, 32 Count Intro
Sequence as Follows: A, Tag, B, Tag, A, B, Tag, ½ A, Pause, B, B, Tag

A SEQUENCE: 32 COUNTS

(1-8) HEEL GRIND / COASTER STEP / MONTEREY TURN / STOMP

- 1-2 Rock forward on the right heel with the toes pointed to the left. Recover on the left foot as you turn the right toes to the right.
3 & 4 Step RF back, touch LF to right foot, step forward with RF
5 Touch LF to left side
6 Turning ½ left on ball of LF, step RF next to L
7 Touch right toe to R
8 STOMP RF to LF

(9-16) SHAKE (X4) / STEP HITCH (X3)

- 1-2 Sway hips R (1) Sway hips L (2)
3-4 Sway hips R (3) Sway hips 4 (4)
5-6 Step RF forward, hitch R knee (while scooting LF forward) travel forward
&-7 Step RF down, hitch R knee (while scooting LF forward) travel forward
&-8 Step RF down, hitch R knee (while scooting LF forward) travel forward

(17-24) BACKWARD BODY ROLLS / ¼ TURN R / HIP DROPS

- 1-2 Switch weight back onto RF and body roll traveling backwards facing 12.00
&-3 Bring LF next to RF starting body roll
4 Settle body roll while turning body ¼ to the R

(Flare: flick right hand to the side at the turn)

- 5-6 Switch weight onto LF and drop L hip
7-8 Switch weight onto RF and drop R hip

(25-32) GRAPEVINE LEFT / SCUFF ½ TURN HOLD / ½ TURN HOLD

- 1-2 Step LF to L side (1) Step RF behind LF (2)
3-4 Step LF to L side (3) Scuff RF while making a ½ turn over L shoulder (4)
5-6 Stomp RF to R side (5) Hold (6)
7-8 Stomp back on L making ½ turn L (7) Hold (8)

B SEQUENCE: 32 COUNTS

(1-8) SIDE STOMPS / KNEE BENDS / SAILOR STEP / SWEEP ½ TURN

- 1-2 Stomp RF to R side (1) Stop LF to L side (2)
3-4 Bend R knee inward toward L knee (3) Bend L knee inward toward R knee (4)
5&6 Bring RF behind LF (5) Step LF to L side (&) Step RF to R (6)
7 Drag (Sweep) LF while making a ½ turn over L shoulder
8 Settle weight onto LF with R knee popped

(9-16) HIP BUMPS / COASTER STEP / SIDE STOMPS

- 1&2 Drop R hip down (1) raise R hip upward (&) Drop R hip down (2)
& Step back onto RF
3&4 Drop L hip down (3) Raise L hip upward (&) Drop L hip down

5&6 Step LF back (5) Bring RF to LF (&) Step forward onto LF (6)
7-8 Stomp RF to R side (7) Stomp LF to L side (8)

(17-24) RF HEEL SWIVELS / WALK RL / KNEE POPS / DONKEY KICK TURN

1&2 Swivel L heel toward center (1) Swivel R toe toward center (&) Swivel L heel toward center while turning $\frac{1}{8}$ to the corner (2)
3-4 Facing the corner (5.30) step forward with RF (3) Step forward with LF (4)
5&6 Step RF next to LF (5) Pop knees forward as you go up on your toes (&) Bring heels back down (6)
7&8 Donkey kick LF back (7) While turning back to the wall you started on (&) stomp LF to L side (8)

(25-32) WALK RL / OUT RF / HEEL POP / SAILOR STEP / $\frac{3}{4}$ UNWIND

1-2 Step forward on RF (1) Step forward on LF (2)
3&4 Step RF to R side (3) Turn R heel inward toward center (&) Turn R heel out (4)
5&6 Step RF behind LF (5) Step LF to L side (&) Step RF to R side (6)
7-8 Cross LF behind RF (7) Unwind $\frac{3}{4}$ over L shoulder (8)

TAG SEQUENCE: 16 COUNTS

(1-8) TOE-HEEL SHUFFLE STEPS (4X) / SYNCOPATED POINTS RLR / FLICK

1-2 Step R toe inward while turning L heel inward (1) Step R toe out while turning L heel out (2)
3-4 Step R toe inward while turning L heel inward (3) Step R toe out while turning L heel out (4)
5&6& Point R to R side (5) Step RF next to LF (&) Point L to L side (6) Step LF next to RF (&)
7-8 Point R to R side (7) Flick RF behind L knee (8)

(9-16) $\frac{1}{4}$ SHUFFLE LRL / $\frac{1}{2}$ PIVOT OVER L / CAMEL WALK RL

1&2 Making $\frac{1}{4}$ R turn step onto RF (1) Bring LF to RF (&) Step Rf forward (2)
3-4 Step LF forward (3) Make a $\frac{1}{2}$ turn over R shoulder (4)
5-6 Step LF forward popping R knee (5) Step RF forward popping L knee (6)
7-8 Step LF forward popping R knee (5) Step RF forward popping L knee (6)

TAG AND COUNT NOTES

A (32 counts) , TAG (9.00 Wall - 16 counts) , B (32 Counts), TAG (9.00 Wall - 16 counts),
A (32 counts), B (32 counts), TAG (6.00 Wall - 16 counts), A (ONLY 16 counts), Pause (2 counts), Skip start
to part B (32 counts), B (32 counts), TAG (3.00 Wall - 16 counts)

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