

# Grab Your Balls, We're Going Bowling

**COPPER KNOB**  
STEPPERS

拍數: 32      牆數: 2      級數: Beginner  
編舞者: Sandy Kelly (CAN) - October 2024  
音樂: Grab Your Balls, We're Going Bowling - The Chardon Polka Band : (iTunes)



Starts on song word "Grab"

## TWO LINDYS, To RT, To LT

1&2      Shuffle RLR to RT Side  
3-4      Rock back on L behind R, recover Fwd on R  
5&6      Shuffle LRL to LT Side  
7-8      Rock back on R behind L, recover Fwd on L

## SHUFFLE FWD 2X, SHUFFLE BACKWARDS 2X

1&2      Step Fwd on R, Step ball of L next to Rt, Step Fwd on R  
3&4      Step Fwd on L, Step ball of R next to Lt, Step Fwd on L  
5&6      Step Back on R, Step ball of L next to Rt, Step Back on R  
7&8      Step Back on L, Step ball of R, next to Lt, Step Back on L

## TRIPLE (cha cha cha), KICK BALL CHANGE 2X RT & LT

1&2      R,L,R in place  
3&4      Kick L fwd, Step ball of L next to R (raising R) Step on R next to L  
5&6      L, R, L in place  
7&8      Kick R fwd, Step ball of R next to L, (raising L) Step on L next to R

## STEP PIVOTS, TURN ½ LEFT

1-2-3-4      Step on R, Pivot on L, Step on R, Pivot on L  
5-6-7-8      Step on R, Pivot on L, Step on R, Pivot on L

## NB 1 Tag after 4 REPEATS---

### Two 4 count Vine Touches to Rt, to Lt

1-4      Step RT foot to RT, Step Lt foot behind Rt Step RT foot to RT, Tch LT toe beside Rt  
5-8      Step Lt foot to Lt, Step Rt foot behind Lt Step, Step Lt foot to Lt, Tch Rt toe beside Lt