

Teddy's Bad Dream

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Improver
編舞者: Jo Myers (UK) - September 2024
音樂: Bad Dreams - Teddy Swims : (amazon.co.uk or iTunes)



No Tags Or Restarts

#32 count intro

Section 1 WALK, WALK, SIDE ROCK WALK, POINT, POINT, L CROSS SAMBA

1-2 Walk forward right. Walk forward left.
3&4 Rock right to right side. Recover onto left. Step right forward.
5-6 Point left over right, point left back
7&8. Cross left over right . rock right to right side recover left.

Section 2 POINT, POINT, RIGHT CROSS SAMBA, CROSS 1/4 TURN L, SHUFFLE 1/2 L

1-2 Point right over left, point right back
3&4 Cross right over left. rock left to left side recover right. .
5-6 Cross left over right, back on right, 1/4 turn left to (9:00)
7&8 Shuffle 1/2 turn left. (3:00)

Section 3 V STEP, R LOCK STEP BACK, L LOCK STEP BACK, POINT UNWIND 1/2 TURN R

1-2 Step right forward to right diagonal, Step left forward to left diagonal
3&4 Step right back, lock left over right, step back right
5&6 Step left back, lock right over left, step back left
7-8 Point right behind left, Make 1/2 turn right Placing weight on right. (9:00)

Section 4 STEP PIVOT 1/2 TURN R, L SHUFFLE FORWARD, PIVOT 1/2 L, PIVOT 1/2 L

1-2 Step forward left, Pivot 1/2 turn left,
3&4 Shuffle forward, left together left. (3:00)
5-6 Step forward on right ,pivot 1/2 turn left
7-8 Step forward on right ,pivot 1/2 turn left

EASY OPTION FOR NON TURNERS - SECTION 4 COUNTS 5 - 8

A right forward rocking chair.

ENJOY

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