No RUN AWAY ..

拍數: 32

級數: Improver

編舞者: Val Saari (CAN) - October 2024

音樂: Run Away - Khaid & Gyakie

INTRO: 32 counts

Begin on the downbeat (before the vocals)

SWAY, SYNCOPATED WEAVE, STEP/DRAG 1/4 R, SHUFFLE FWD LRL

牆數:2

- 1-2 Step RF to R side and sway hips R,L
- 3&4 Step RF behind L, Step LF left, Step RF across L
- 5-6 Large step LF to left side, drag RF toes together 1/4 turn R
- 7&8 Shuffle forward LRL (optional step-lock-step) (3:00)

DOUBLE ROCKING CHAIR X 2 (RF FWD, LF BACK)

- 1&2& Rock RF forward, Recover LF, Rock RF back, Recover LF
- 3&4 Rock RF forward, Recover LF, Rock RF back
- 5&6& Rock LF back, Recover RF, Rock LF forward, Recover RF
- 7&8 Rock LF back, Recover RF, Rock LF forward, Hold

RF SHUFFLE FWD, TURN 1/2 R, LF SHUFFLE FWD, SWAY 1/4 L

- 1&2 Step RF forward, Step LF beside R, Step RF forward
- 3-4 Step LF forward, Turn 1/2 R (9:00)
- 5&6 Step LF forward, Step RF beside L, Step LF Forward
- 7-8 Step RF forward 1/4 L and sway hips R,L

ROCK/RECOVER, SAILOR STEP X 2 (R,L)

- 1-2 Rock RF forward, Recover LF
- 3&4 Sailor Step RLR
- 5-6 Rock LF forward, Recover RF
- 7&8 Sailor Step LRL

No tags, no restarts

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