

Beautiful Nightmare

COPPER KNOB
BY STEPHEN

拍數: 64 牆數: 4 級數: Advanced
編舞者: Hiroko Carlsson (AUS) - October 2024
音樂: Beautiful Nightmare (feat. bludnymph) - Alan Walker : (Spotify/YouTube Music/Deezer/Apple Music)



Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com)
(Intro: 16 counts)

[S1] Side, Behind, 1/4R, Step-Pivot 1/2R, Side, Behind-1/4L-Scuff

1 2 3 Step R to the side, Step L behind R, Make a ¼ turn right stepping forward on R (3:00)
4 5 6 Step forward on L, Make a ½ turn right recover weight on R (9:00), Step L to the side
7&8 Step R behind L, Make a ¼ turn left stepping forward on L (6:00), Scuff forward on R

[S2] Side, Heels-Toes Swivel Out, Jump In, Heels-Toes Swivel Out, Jump In, Fwd-

1 2 3 Step R slightly right, Swivel both heels out, Swivel both toes out
4 5 6 Jump/close both feet together, Swivel both heels out, Swivel both toes out
7 8 Jump/close both feet together weight ends L, Step forward on R

[S3] Fwd, Touch R Toe-Heel, Fwd, Step-Pivot 1/2R-Together

1 2 3 Step forward on L, Touch R toes to the side, Touch R heel next to L
4 5 6 Step forward on R, Step forward on L, Make a ½ turn right recover weight on R (12:00)
7 8 Step forward on L, Step R together

[S4] Toes Lift-Recover, Side-Heel, Hold, Side-Cross, Hold, Side-Heel-Heel-

1 2 Lift both toes up, Replace/drop toes down
&3 4 Step R to the side, Touch L heel diagonally forward, Hold
&5 6 Step down on L, Cross R over L, Hold
&7 8 Step L to the side, Touch R heel diagonally forward twice-
-Restart here on Wall 3 (6:00)

[S5] -Side-Cross, Close, Cross, Hinge 1/2R Turn, Cross, Close, Cross

&1 - Step down R to the side, Cross L over R
2 3 Step R close, Cross L over R
4 5 Make a ¼ turn left stepping back on R, Make a ¼ turn left stepping L to the side (6:00)
6 7 8 Cross R over L, Step L close, Cross R over L

[S6] Point, Hold-1/4L, Point-Hold-Together, Step-Pivot 3/4R-Side-Touch Together

1 2& Point L to the side, Hold, Make a ¼ turn left stepping L next to R (3:00)
3 4& Point R to the side, Hold, Step R next to L
5 6 Step forward on L, Make a ¾ turn right recover weight on R (12:00)
7 8 Step L to the side, Touch R next to L

[S7] Step-Pivot 1/4L-Toe Strut, Step-Pivot 1/2R-Fwd Rock

1 2 Step forward on R, Make a ¼ turn left recover weight on L (9:00)
3 4 Touch R toes forward, Drop R heel down
5 6 Step forward on L, Make a ½ turn right recover weight on R (3:00)
7 8 Rock forward on L, Replace weight on R

[S8] 1/2L-1/2L-Back, Fwd-Point Coaster, Cross

1 2 Make a ½ turn left stepping forward on L, Make a ½ turn left stepping back on R (3:00)
3 4 Step back on L, Point R to the side
5 6 Step forward on R, Step L next to R

7 8

Step back on R, Cross L over R

Restart on Wall 3 count 32 (6:00)

Ending suggestion: The last wall (Wall 6) starts facing 3:00. Dance up to Section 5 count 5 (9:00). Box 1/4L turn to the front.

(updated: 21/Oct/24)
