Sweet But Psycho

拍數: 32

級數: Improver

編舞者: Sharon Tan (AUS) - October 2024

音樂: Sweet but Psycho - Ava Max

Restart: * Wall 10 - Restart after 16 counts Tags: None

Start dance after 32 counts instrumental intro

R Kick, R Step Back, L Step Forward, Walk, Walk, 2 x Cross Sambas

- 1&2 Kick R forward, step R behind L, step L forward
- 3,4 Walk R forward, walk L forward
- 5&6 Cross R over L, rock L to L side, recover on R
- 7&8 Cross L over R, rock R to R side, recover on L

R Step F, L Ronde with ¼ Turn R, Toe Struts, L Cross Samba

- 1,2 Step R forward, ronde L ¼ turn right (3:00)
- 3,4 Touch L toe across R, drop L heel
- 5,6 Touch R toe to R, drop R heel
- 7&8 Cross L over R, rock R to R side, recover on L
- * Restart here on Wall 10

R Cross Shuffle, ¼ Back, ¼ Side, L Cross Shuffle, R Rock, Recover

- 1&2 Cross step R over L, step L to L, cross step R over L
- 3,4 Turn ¼ R stepping L back (6:00), turn ¼ R stepping R to R side (9:00)
- 5&6 Cross step L over R, step R to R, cross step L over R
- 7,8 Rock R to R side, recover on L

R Sailor Step, ¼ Turn Left with L Back Rock, Recover, Drag L forward, L Shuffle Forward, R Side Rock

- 1&2 Cross R behind L, step L to L side, step R to R side
- 3& ¼ turn left while rock L back (6:00), recover on R
- 4 Drag L foot forward
- 5&6 Step L forward, step R beside L, step L forward
- 7,8 Rock R to R, recover on L (Styling: Palms to temples, head sways right and left)

REPEAT

Last Update: 26 Oct 2024





牆數:2