New Hit The Road Jack

級數: Phrased High Beginner

編舞者: Penny Tan (MY) & Shirley Bang (MY) - November 2024 音樂: Hit the Road Jack - Robyn Adele Anderson

Dance start from vocal "Road" No Tag / 1 Restart

拍數: 56

SOD: A B (16C) A B AA B (16C)

Part A (32C)

SEC1:OUT, IN , OUT , BEHIND, SIDE , CROSS , OUT, IN , OUT , BEHIND, 1/4 TURN R , FWD , FWD

- 1&2 Point R toes out to R side , touch RF next to LF , point R toes out to R side
- 3&4 Step RF behind LF , step LF to L side , cross RF over LF
- 5&6 Point L toes out to L side , touch LF next to RF , point L toes out to L side
- 7&8 Step LF behind RF , ¼ turn R , step RF fwd , step LF fwd

SEC2:CHARLESTON STEP , PIVOT ½ TURN L , PIVOT ¼ TURN L

- 1-2 Swing RF from back to front and touch fwd , step RF back
- 3-4 Swing LF from front to back and touch back , step LF fwd
- 5-6 Step RF fwd , ¹/₂ turn L , step LF fwd (3:00)
- 7-8 Step RF fwd , ¼ turn L , step LF on L

SEC3: Repeat SEC1

SEC4: Repeat SEC2

Part B (24C)

SEC1:DIAGONAL SHUFFLE R-L , MAMBO STEPS

- 1&2 Diagonally fwd shuffle R-L-R
- 3&4 Diagonally fwd shuffle L-R-L
- 5&6 Squaring back facing 12:00, step RF fwd, recover on L, step RF back
- 7&8 Step LF back , recover on R , step LF fwd

SEC2:SIDE ROCK , RECOVER , CROSS R-L , MAMBO , BACK SHUFFLE

- 1&2 Rock RF to R side , recover on L , cross RF over LF
- 3&4 Rock LF to L side , recover on R , cross LF over RF
- 5&6 Step RF fwd , recover on L , step RF back
- 7&8 Back shuffle L-R-L

SEC3:COASTER STEP , FWD SHUFFLE , SIDE CHASSE , HITCH , SIDE CHASSE

- 1&2 Step RF back , step LF next to RF , step RF fwd
- 3&4 Fwd shuffle L-R-L
- 5&6& Step RF to R , step LF next to RF , step RF to R , hitch L knee
- 7&8 Step LF to L, step RF next to LF, step LF to L

Have fun and happy dancing!





牆數

牆數:1