

Almost Heaven

COPPER KNOB
BY STEPHEN METZ

拍數: 32 牆數: 4 級數: Beginner
編舞者: Susan Garrett (AUS) - September 2024
音樂: Take Me Home, Country Roads (Original Version) - John Denver



Intro: 8 Beats

S1 Heel Toe Struts Forward (x2), Right Side Touch, Left Side Touch (x2)

1 & 2 & Step R heel fwd, drop R toes, Step L heel fwd, drop L toes
3 & 4 & Step R heel fwd, drop R toes, Step L heel fwd, drop L toes
5 & 6 & Step RF to side, touch LF beside RF, step LF to side, touch RF beside LF
7 & 8 & Step RF to side, touch LF beside RF, step LF to side, touch RF beside LF

S2 Step Lock Step (x2), Toe Heel Struts Back (x2)

1 & 2 & Step R foot fwd, Step L foot behind R, Step R foot fwd, Hold
3 & 4 & Step L foot fwd, Step R foot behind L, Step L foot fwd, Hold
5 & 6 & Step R toe back, drop R heel, Step L toe back, drop L heel
7 & 8 & Step R toe back, drop R heel, Step L toe back, drop L heel #Tag

S3 Two Paddle Turns, K Step

1 2 3 4 RF step fwd, Pivot ¼ turn left (weight on left) RF step fwd, Pivot ¼ turn left (weight on left)
5 & 6 & Step RF fwd 45° right, touch LF beside RF, Step LF back 45° left, Touch RF beside left
7 & 8 & Step RF back 45° right, touch LF beside RF, Step LF fwd 45° left, touch RF beside LF

S4 ¼ Jazz Box, Mambo fwd, Mambo back

1 2 3 4 Cross RF over LF, Step LF back, turning ¼ turn right step R to side, step LF beside RF
5 & 6 Step RF fwd, rock back on LF, step back on RF
7 & 8 Step LF back, rock fwd on RF, step back on LF

TAG Wall 1 & Wall 3; Dance to count 16& then add an additional two toe struts

1 & 2 & RF toe strut back, LF toe strut back.

Start Over