

For the Wind

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Jean-Marc RAFFANEL (FR) - November 2024
音樂: weren't for the wind - Ella Langley



the dance start after 32 counts

section 1 : SIDE, TOGETHER, STEP FWD, HOLD, SIDE, TOGETHER, BACK, HOLD

1-2 step Rf on side, step Lf next to Rf
3-4 step Rf fwd, hold
5-6 step Lf on side, step Rf next to Lf
7-8 step Lf back, hold

section 2 : BACK STEP LOCK STEP, HOLD, COASTER STEP, SCUFF

1-2-3-4 step Rf back, lock Lf over Rf, step Rf back , hold
5-6-7-8 step Lf back , step Rf next to Lf, step Lf fwd, scuff Rf next to Lf

RESTART HERE ON WALL 3 (facing 6:00)

section 3 : VINE, SIDE ROCK CROSS, SCUFF

1-2-3-4 step Rf on side, cross Lf behind Rf, step Rf on side, cross Lf over Rf
5-6-7-8 step Rf on side, recover onto Lf, cross Rf over Lf, scuff Lf next to Rf

section 4: STEP ¼ TURN L SCUFF X4

1-2 ¼ turn L step Lf fwd, scuff Rf next to Lf 9:00
3-4 ¼ turn L step Rf fwd, scuff Lf next to Rf 6:00
5-6 ¼ turn L step Lf fwd, scuff Rf next to Lf 3:00
7-8 ¼ turn L step Rf fwd, scuff Lf next to Rf 12:00

section 5 : VINE, SIDE ROCK CROSS, HOLD

1-2-3-4 step Lf on side, cross Rf behind Lf , step Lf on side, cross Rf over Lf
5-6-7-8 step Lf on side, recover on to Rf, cross Lf over Rf, hold

section 6 : ROCK FWD, ¼ TURN R ROCK FWD, ROCK BACK, SCUFF, STOMP

1-2 step Rf fwd, recover onto Lf
3-4 ¼ turn R step Rf fwd, recover onto Lf 3:00
5-6 step Rf back PD, recover onto Lf
7-8 scuff Rf next to Lf , stomp Rf fwd

section 7 : SWIVEL, SWIVEL ½ TURN L, HOLD, COASTER STEP, SCUFF

1-2 swivel both heels to the R, swivel both heels back to the middle
3-4 swivel both heel to the R ½ turn L, hold 9:00
5-6-7-8 step Lf back, step Rf next to Lf, step Lf fwd, scuff Rf next to Lf

section 8 : STEP FWD ½ TURN L X2 , SCUFF, STOMP, SWIVEL

1-2 step Rf fwd, pivot ½ turn L 3:00
3-4 step Rf fwd, pivot ½ turn L 9:00
5-6 scuff Rf next to Lf, stomp Rf fwd
7-8 swivel R heel to the R, swivel R heel back to the middle

start again with smile

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