Hold My Horses



拍數: 32 牆數: 4 級數: Beginner

編舞者: MP Country (FR) - 9 November 2024

音樂: Hold My Horses - Max Jackson



Sequences: 32 - 32 - 16R - 32 Until the end

S 1 SIDE TOUCH R - L, VINE R IN 1/4 TURN L

1-2-3-4 RF to the R, Touch LF next to RF, LF to the L, Touch RF next to LF

S 2 SIDE, TOGETHER, CHASSE L, TRIPLE FWD, STEP, SCUFF

1-2 LF to the L, Together (weight on RF)
3 & 4 LF to the L, Together, LF to the L
5 & 6 RF Fwd, Together, RF Fwd

7 – 8 LF Fwd, Scuff RF

HERE RESTART 3rd Wall (Facing 3:00)

S 3 BACK R - L - R, HOOK, STEP, POINT R - FWD - R

1-2-3-4 RF Back, LF Back, RF Back, Hook

5-6-7-8 LF Fwd, Point R to the R, Point R Fwd, Point R to the R (weight on LF)

S 4 BACK ROCK, STEP TURN, ROCKING CHAIR

1-2 RF Back, Recover on LF

3-4 RF Fwd, ½ Turn L (weight on LF) 3:00

5-6-7-8 RF Fwd, Recover on LF, RF Back, Recover on LF *

* Option: JAZZ BOX: Cross RF over LF, LF Back, RF to the R, Together (weight on LF)