Real Good Feel Good

級數: Improver

編舞者: Unknown - November 2024

- 音樂: Aw Naw Chris Young
 - 或: That's My Kind of Night Luke Bryan
 - 或: Honky Tonk Badonkadonk Trace Adkins

No Tags No Restarts

[1-8] (Cross	Hitch x3,	Swing	Leg x3)
--------------	-----------	-------	---------

1-4 R Cross Hitch x2

拍數: 48

- 5-6 R Cross Hitch, Swing R Leg Outwards
- 7-8 Swing R Leg Inwards & Back Outwards

(swinging leg back outwards for count 8 do with a Right Quarter Turn)

[9-16] (Stomp & Hold x2, Step Backwards x4)

- 1-2 Stomp R, Hold
- 3-4 Stomp L, Hold
- 5-8 Step Back R, L, R, L

(counts 5-8 add Alternating Feet Swivels while stepping back)

[17-24] (Step Heel Grind x2, Kick, Hitch)

- 1-4 Step R w/ Inward Heel Grind x2
- 5-6 Step R, Kick Left
- 7-8 Step Back L, Hitch R Back

[25-32] (Stomp & Hold x2, Hip Sway x4)

- 1-2 Stomp R, Hold
- 3-4 Stomp L, Hold
- 5-8 Hip Sway R, L, R, L

[33-40] (Grapevine, Slide x2)

- 1-4 R Grapevine
- 5-6 Slide L, Bring R Together
- 7-8 R Quarter Turn, Slide R, Bring L Together

[40-48] (Toe Tap, Reach Hand Outward x2, Hip Thrust)

- 1-2 R Outward Toe Tap, Cross R over L
- 3-4 Unwind Half Turn
- 5-6 Put R Hand Forward, Put L Hand Forward
- 7-8 Hip Thrust Forward
- (alternative move for count 5-8: Hold for counts 5-6 & "drop it like its hot" for counts 7-8)





牆數:4