Rainy Day Shuffle

級數: Beginner

編舞者: Shannon Chang (USA) - November 2024

音樂: Rainy Day People - Ronnie Beard

Intro: 16 counts NO TAG NO RESTART, REPEAT

拍數: 32

Section 1: Rumba Box Forward with Shuffle

- 1-2-3&4 Step R to the right, Step L beside R, R Shuffle forward
- 5-6-7&8 Step L to the left, Step R beside L, L Shuffle forward

Section 2: Rock & Recover, 1/2 Turn Right, Shuffle Forward, Rock & Recover, 1/4 Turn Left, Side Shuffle

- 1-2-3&4 Rock R forward, recover to L, making a 1/2 turn right, R Shuffle forward (facing 6:00)
- 5-6-7&8 Rock L forward, recover to R, making a 1/4 turn left, L Side Shuffle (facing 3:00)

Section 3: Forward Touch (X2), Back Touch (X2)

- 1-4 Step R forward, L touch to L; Step L forward, R touch to R
- 5-8 Step R back, L touch to L; Step L back, R touch to R

Section 4: 1/2 Paddle Turn, Hip Bumps

- 1-4 Step R forward, turn ¼ left, Step R forward, turn ¼ left
- 5-8 R Hip Bumps twice (R, center, R); L Hip Bumps twice (L, center, L)

Start Over

Last Update: 16 Nov 2024





牆

牆數: 4