

Polka Dot Bikini

COPPER KNOB
STEPSHEETS

拍數: 40 牆數: 4 級數: Improver
編舞者: Nathalie LATERRIERE (FR) - October 2024
音樂: Itsy Bitsy Teenie Weenie Yellow Polka Dot Bikini - Brian Hyland : (Version Re-recording SHANANA)



Start : 8 Counts

S1 : DIAGONAL STEP TOUCH R/L, STEP LOCK STEP R, STEP L , ½ T R [12:00 - 6:00]

1-2 Step RF forward slightly to the R diagonal, touch LF next to RF
3-4 Step LF forward slightly to the L diagonal, touch RF next to LF
5&6 Step RF forward , step LF behind RF, Step forward onto RF
7-8 Step LF forward, turn ½ T R (end weight onto RF) (6:00)

S2: CROSS TOE STRUT, SIDE TOE STRUT, CROSS TRIPLE, SIDE ROCK [6:00- 6:00]

1-2 Touch LF toe across RF, L heel down
3-4 Touch RF toe to R, R heel down
5&6 Step LF across RF, step RF to R, step LF across RF
7-8 Rock RF to R, recover onto LF

S3: WEAVE 1/4 T L, CHASSE R, BACK L, TAP TOUCH R [6:00 – 3:00]

1-2 Step RF across LF, step LF to L
3-4 Step RF behind LF, ¼ T L stepping forward onto LF (3:00)
5&6 Step RF to R, step LF next to RF, step RF to R
7-8 Step back onto LF, tap RF toe in front of LF

S4: HEEL GRIND x 2, JAZZBOX [3:00 – 3:00]

1-2 Step R heel across LF pivoting R toe from L to R, step LF to L
3-4 Step R heel across LF pivoting R toe from L to R, step LF to L**
5-8 Step RF across LF, step back onto LF, step RF to R, step forward onto LF

S5: ROCKING CHAIR, STEP, POINT OUT L , STEP, FLICK R [3:00 – 3:00]

1-2 Rock forward onto RF, recover onto LF
3-4 Rock back onto RF, recover onto LF *
5-6 Step forward onto RF, point L toe to L side
7-8 Step forward onto LF, flick RF back to R putting R hand on L hand in front of you at hip height

TAG (6 counts) : At the end of walls 2 (facing 6:00) and 4 (facing 12:00) STEP, ½ T L, STEP, ½ T L, INSIDE TOE, HEEL 1-2 Step forward onto RF, ½ T L (end weight onto LF)

3-4 Step forward onto RF, ½ T L (end weight onto LF)
5-6 Step R toe next to LF turning R knee to L, step R heel forward turning R toe to R.

*Restart on wall 6 (facing 6:00) at section 5 after the ROCKING CHAIR.

**End of the dance : On wall 7, at section 4 of the dance, add a ¼ T R when doing the second HEEL GRIND to end facing 12 :00.