

La Cucaracha

COPPER KNOB
STEPPERS

拍數: 16 牆數: 2 級數: Beginner
編舞者: Larry Brancheau (USA) - November 2024
音樂: La Cucaracha - Mariachi Nacional de Guadalajara



Begin dance with 2nd chorus of the music on the note for RA of La cucaRAcha
or use only the quick 3 notes of the intro to begin the dance thereby ending at 12:00.

Sequence of Chorus and Verse: CC / VV / CC / VV / CC

Section I: The downbeat is the 4th note of the musical phrase and is where to begin to Run 3x then pause and Run again. (See near the bottom for a counting assist.)

Run, Run, Run 2x

1&2 Run forward RLR

3&4 Run forward LRL

Section II: Use the balls of both feet to do the unwinding bounces then put your weight to the left foot when Heels Down.

Side Point, Cross Touch, ½ Unwinding Turn

5-6 Point R side, cross R over

7&8& ½ turn left with 3 bounces then heels down

Section III: The downbeat is again the 4th note of the musical phrase and is where you Kick.

Kick, Behind, Side, Center 2x

1&2& Kick R diagonal, step R behind, step L side, step R to center

3&4& Kick L diagonal, step L behind, step R side, step L to center

Section IV: The last ampersand (&) covers the "La cuca" so that you can correctly begin the 1st section.

Heel, Together, Heel, Together, Forward Mambo, Chase

5& Touch R heel, step R together

6& Touch L heel, step L together

7& Rock R forward, recover L

8& Step R together, step L forward

Alternate combination for the last 4 steps - Rocking Chair

Repeat:

Ending: The last listed step becomes the first step of a 1/2 Turn ChaChaCha (LRL)

Here is a simple English version of the chorus I have created to 'help'.

- the cucaRAcha, the cucaRAcha / (X SUCH an) UGly little THING /

--x---4---1(2)-3, --x---4---1(2)-3(4) / (--x-1-----)---2---3---4---1 (2-3) /

- the cucaRAcha, the cucaRAcha / (X WON'T survive my mighty STING -

--x---4---1(2)-3, --x---4---1(2)-3(4) / (--x-1-----)---2---3---4---1 (2-3) -

Also try this as a Contra Dance.

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Last Update: 10 Feb 2025