

# Tucka (Tucker)

**COPPER KNOB**  
STEPSHEETS

拍數: 24      牆數: 4  
編舞者: K.O.L.D. (USA) - November 2024  
音樂: Work It Out - Tucka

級數: High Beginner



This is Bonnie's step sheet for left brainers, engineers and the like. Like a lot of soul line dances, many people learn by watching it danced, but this one lends itself well also to a step sheet. Bounce to the music, enjoy!

## WALKS FORWARD AT 12:00

|     |                                    |
|-----|------------------------------------|
| 1 2 | Step forward on right, bounce/hold |
| 3 4 | Step forward on left, right        |
| 5 6 | Step forward on left, bounce/hold  |
| 7 8 | Step forward on right, bounce/hold |

## FORWARD ROCK, CHA CHA CHA, BACK ROCK AT 12:00, CHA CHA CHA WITH HALF LEFT TURN TO LEFT 6:00

|     |   |
|-----|---|
| 1 2 | Rock forward on left, recover on right                    |
| 3&4 | Cha cha cha straight back on left, right, left            |
| 5 6 | Rock back on right, recover on left                       |
| 7&8 | Cha cha cha half turn to left stepping right, left, right |

## BACK ROCK WITH HALF TURN TO RIGHT TO 12:00, BACK ROCK WITH QUARTER TURN TO RIGHT TO 3:00

|      |   |
|------|---|
| 1 2  | Rock back on left, recover on right   |
| 3&4  | Cha cha cha half turn to right stepping left, right, left   |
| 5 6  | Rock back on right, recover on left   |
| 7&8& | Cha cha cha quarter turn to left stepping right, left, right and step left on 8& to change weight |

First time dance starts at 12:00 and ends at 3:00.

Second time dance starts at 3:00 and ends at 6:00.

Third time dance starts at 6:00 and ends at 9:00.

Fourth time dance starts at 9:00 and ends at 12:00.

Fifth time dance starts at 12:00 and ends at 3:00.

Sixth time dance starts at 3:00 and ends at 6:00.

So this dance repeats about 6 times till end of song.

Submitted by: Bonnie Berns - Email: [yaelchina@yahoo.com](mailto:yaelchina@yahoo.com)