Be Like Me



拍數: 32 牆數: 4 級數: Beginner

編舞者: Michelle Wright (USA) - December 2024

音樂: When I Grow Up - Flo Rida



Dance starts after 32 counts NO TAGS or RESTARTS

Section 1: R&L diagonal step, together w/ Knee pops

1,2	Step R into R forward diagonal, Step L next to R
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3,4 Pop both knees forward by bending knees and lifting heels x2 (Weight on R)

5,6 Step L into L forward diagonal. Step R next to L

7,8 Pop both knees forward by bending knees and lifting heels x2 (Weight on L)

Styling option for wall 2: Put both hands up and have them go up and down with your knee pops aka Raise the roof to the same side you step with.

Section 2: R Grapevine, Side, Behind w/ knee pop, 1/4 chasse

1,2	Step R to R side, Cross L behind R
3,4	Step R to R side, Touch L next to R

5,6 Step L to L side, Cross R behind L as you pop L knee

7&8 Step L to L side, Step R next to L, ¼ turn L stepping L forward (9:00)

Section 3: 1/2 camel walk, R&L side mambo

1,2	1/2 turn L stepping R forward and pop L knee, 1/2 turn L stepping L forward and pop R Knee
	(6:00)

(6:00)

(3:00)

Rock R to R side, Recover on L, Step R next to LRock L to L side, Recover on R, Step L next to R

Camel walk can be replaced with a half walk

Section 4: ½ camel walk, Jazz box

1,	2	⅓ turn	L stepping R	forward ar	າd pop L	knee, ½	∕₃ turn l	L stepping L	. torward	and pop R Knee	
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(12:00)

3,4 1/8 turn L stepping R forward and pop L knee, 1/8 turn L stepping L forward and pop R Knee

(9:00)

5,6 Cross R over L, Step L back

7,8 Step R to R side, Step L slightly forward

Styling option on walls 3,7,8& 9: Change camel walk to a ½ run with running arms

Camel walk can be replaced with a half walk

Last wall is wall 9:To end facing 12:00 Change jazz box to a ¼ jazz box then step R to R side on final beat of song and strike your best sassy pose!

5,6,7,8 Cross R over L, Step L back, ¼ turn R Stepping R to R side, Step L slightly forward

End of dance! Feel free to add extras in to add more fun!

Any questions email: Michellelinedance@gmail.com

Last Update: 18 Dec 2024