

# Through the Seasons

**COPPER KNOB**  
STEPPERS

拍數: 32      牆數: 2      級數: Intermediate  
編舞者: Hiroko Carlsson (AUS) - December 2024  
音樂: Seasons - Thirty Seconds to Mars



Please feel free to contact me if you need any further information. ([hirokoclinedancing@gmail.com](mailto:hirokoclinedancing@gmail.com))  
(Intro: 32 counts)

## [S1] Side Rock-Back, Side Rock-Behind-Side, Cross-Side Rock-1/4L-Fwd, Step-Pivot 1/2R-1/4R-Together

1&2      Rock R to the side, Replace weight on L, Step back on R  
3&4&      Rock L to the side, Replace weight on R, Step L behind R, Step R to the side  
5&6&      Cross L over R, Rock R to the side, Make a ¼ turn left replace weight/step forward on L (9:00), Step forward on R  
7&8&      Step forward on L, Make a ½ turn right stepping back on R (3:00), Make a ¼ turn right stepping L to the side (6:00), Step R next to L

## [S2] Rocking Chair, Step-Pivot 3/4R-Side-Together, Fwd Rock-1/4L, Run Around 1/2L

1&2&      Rock forward on L, Replace weight on R, Rock forward on L, Replace weight on R  
3&4&      Step forward on L, Make a ¾ turn right recover weight on R (3:00), Step L to the side, Step R next to L  
5&6      Rock forward on L, Replace weight on R, Make a ¼ turn right stepping L to the side (12:00)  
7&8&      Run around ½ turn left on R-L-R-L (6:00)

**-Restart here on Wall 2 and 5**

## [S3] 1/8L-Heel-Heel, Back Rock-Step-Pivot 3/8R, 1/8R-Heel-Heel, Back Rock-Step-Pivot 3/8L-

1&2      Make a ⅛ turn left stepping R to the side (4:30), Touch/tap L heel twice diagonally forward (&2)  
3&4&      Rock back on L, Replace weight on R, Step forward on L, Make a ¾ turn right recover weight on R (9:00)  
5&6      Make a ⅛ turn right stepping L to the side (10:30), Touch/tap R heel twice diagonally forward (&6)  
7&8&      Rock back on R, Replace weight on L, Step forward on R, Make a ¾ turn left recover weight on L (6:00)-

## [S4] -1/2L Back-Lock-Back, 1/2L Rocking Chair, Step-Pivot 1/2R, Chase Turn 1/2R-Fwd

1&2 -      Make a ½ turn left stepping back on R (12:00), Lock L over R, Step back on R  
3&4&      Make a ½ turn left stepping/rock forward on L (6:00), Replace weight on R, Rock back on L, Replace weight on R  
5 6      Step forward on L, Make a ½ turn right recover weight on R (12:00)  
7&8      Step forward on L, Make a ¼ turn right recover weight on R (6:00), Step forward on L

**Restart on Wall 2 Count 16 (12:00) and Wall 5 Count 16 (6:00)**

**Ending Suggestion: The last wall ends facing 6:00. Add,**

1&2      Rock R to the side, Replace weight on L, Step back on R  
3&4&      Rock L to the side, Replace weight on R, Touch L behind R, Unwind ½ turn left weight ends on L (12:00)

(updated: 26/Nov/24)