One of Them Girls

級數: Beginner

編舞者: Matthew Mirande (USA) - December 2024

音樂: One of Them Girls - Lee Brice

拍數: 32

Section 1: Cross rock R, side shuffle R, cross rock L, ¼ turn L, shuffle forward L.

- 1,2 Rock R across L, recover weight to L.
- 3&4 Step R to R side, close L next to R, step R to R side.
- 5,6 Rock L across R, recover weight to R and ¼ turn over L shoulder (9.00).
- 7&8 Step L forward, close R behind L, step L forward.

Section 2: 2 Kick R , coaster step R, 2 Kick, coaster step L.

- 9,10 Weight on L, kick R forward, kick R side
- 11&12 Step R back, step L beside R, step forward R.
- 13,14 Weight on R. kick L forward, kick L side
- 15&16 Step L back, step R beside L, step forward L.

Restart Here on wall 2

Section 3 Triple R recover Triple L recover

- 17&18 Triple side R R,L,R
- 19,20 back on L recover
- 21&,22 Triple side L L,R,L
- 23,24 back on R recover

Section 4: Half turn x2, 4 swaying turns (half turn)

25,26 Step R turn over left shoulder

27,28 Step R turn over left shoulder

29,30,31,32 Take 4 slow step sway your hips turning over left shoulder til 180' turn

No Tags 1 Restart

Last Update: 5 Dec 2024





牆數:4