Vat Vas Boeta

拍數: 32

級數: Beginner

編舞者: Janine Kilian (SA) - December 2024

音樂: Vat Vas Boeta - Ons Stories : (Album : Ons Stories)

INTRO : 32 counts

NO RESTARTS ACW rotation

Section 1 (1 – 8) Step R to right side, Step L next to R, Right Shuffle forward (R, L, R), Step L to left side, Step R next to L, Left Shuffle forward (L, R, L)

- 1 2 Step R to right side (1), Step L next to R (2)
- 3 & 4 Right Shuffle forward (R, L, R) : Step R forward (3), Step L next to R (&), Step R forward (4)
- 5 6 Step L to left side (5), Step R next to L (6),
- 7 & 8 Left Shuffle forward (L, R, L) : Step L forward (7), Step R next to L (&), Step L forward (8) (Facing 12h)

Section 2 (9 – 16) Rock R forward, Recover on L, Right Shuffle back (R, L, R), Rock L back, Recover on R, Left Shuffle forward (L, R, L)

- 1 2 Rock R forward (1), Recover on L (2)
- 3 & 4 Right shuffle back (R, L, R) : Step R back (3), Step L next to R (&), Step R back (4)
- 5 6 Rock L back (5), Recover on R (6)
- 7 & 8 Left Shuffle forward (L, R, L) : Step L forward (7), Step R next to L (&), Step L forward (8) (Facing 12h)

Section 3 (17 – 24) Right Shuffle forward (R, L, R), ½ turn Shuffle to the right (L, R, L), ¼ turn right with a Side Chasse to the right (R, L, R), Cross Rock L over R & recover on R

- 1 & 2 Right Shuffle forward (R, L, R) : Step R forward (1), Step L next to R (&), Step R forward (2)
- 3 & 41/2 Turn Shuffle to the right (L, R, L) : 1/4 turn right & Step L to left side (3), Step R next to L (&)1/4 turn right & Step L back (4) (Facing 6h)
- 5 & 6 1⁄4 turn Right with a Side Chasse to the right (R, L, R) : 1⁄4 turn Right & Step R to right side (5), Step L next to R (&), Step R to right side (6) (Facing 9h)
- 7 8 Cross Rock L over R (7), Recover on R (8) (Facing 9h)

Section 4 (25 – 32) $\frac{1}{4}$ turn Left with a Left Shuffle forward (L, R, L), $\frac{1}{2}$ turn Shuffle to the Left (R, L, R), $\frac{1}{4}$ turn Left with a Side Chasse to the Left (L, R, L), Cross Rock R over L, Recover on L

- 1 & 2 ¹/₄ turn Left with a Left Shuffle forward (L,R,L) : ¹/₄ turn Left & Step L forward (1), Step R next to L (&), Step L forward (2), (facing 6h)
- 3 & 4½ Turn Shuffle to the Left (R, L, R) : ¼ turn left & Step R to right side (3), Step L next to R(&), ¼ turn Left & Step R back (4) (Facing 12h)
- 5 & 6 1⁄4 turn Left with a Side Chasse to the Left : 1⁄4 turn Left & Step L to left side (5), Step R next to L (&), Step L to left side (6) (Facing 9h)
- 7 8 Cross Rock R over L (7), Recover on L (8) (Facing 9h)

ENJOY!!

Date Issued : 8 December 2024





牆數:4