Christmas Island AB



拍數: 32 編數: Absolute Beginner

編舞者: Dee Palmer (USA) - December 2024 音樂: Christmas Island - Jimmy Buffett



Intro: Start on: How'd you like to spend Christmas

RIGHT & LEFT BASIC

Step RF to right side, step LF next to RF, step RF to right side, touch LF
Step LF to left side, step RF next to LF, step LF to left side, touch RF

NOTE: To make the dance more fun, use your hands making hula movements

WALK FORWARD 3 STEPS, TOUCH; WALK BACK 3 STEPS, TOUCH (HUSTLE)

1-4 Walk forward R-L-R, touch LF next to RF5-8 Walk back L-R-L, touch RF next to LF

K STEP

1-2	Step RF forward right diagonal, touch LF next to RF
3-4	Step LF back left diagonal, touch RF next to LF
5-6	Step RF back to right diagonal, touch LF next to RF
7-8	Step LF forward left diagonal, touch RF next to LF

NOTE: Clap hands when you touch

WALK 4 STEPS LEFT MAKING 1/2 TURN, SIDE TOUCHES

1-4 Walk left making 1/2 turn, stepping R-L-R, L

5-8 Step RF to right side, touch LF, step LF to left side, touch RF NOTE: Use you hands making hula movements when you do the side touches

RREPEAT

My classes split the floor using this music. Absolute Beginners dance this AB dance while the Improvers dance Open Book, Choreographer Jo Thompson.