A Fresh Beginning

拍數: 32

級數: Beginner

編舞者: Sue Korek (USA) - 2 January 2025

音樂: Fresh - Kool & The Gang : (Single)

或: Only Just Begun - Samantha Jade

Alternate Music:

Only Just Begun (Samantha Jade-20 November 2015) Intro: 32 counts, bpm=124

No tags, no restarts Intro: 32 counts

Section 1 (POINT, POINT, SCISSORS RIGHT)

- 1-2 Point R forward, touch R beside L
- 3-4 Point R right side, touch R beside L
- 5-6 Step R right side, step L beside R
- 7-8 Cross R over L, Hold

Section 2 (POINT, POINT, SCISSORS LEFT)

- Point L forward, touch L beside R 1-2
- 3-4 Point L left side, touch L beside R
- 5-6 Step L left side, step R beside L
- 7-8 Cross L over R, Hold

Section 3 (WEAVE RIGHT, SIDE SHUFFLE, ROCK)

- 1-2 Step R right, step L behind R
- 3-4 Step R right, step L across R
- 5&6 Step R right, shuffle L beside R, step R right
- 7-8 Rock L back, recover R

Section 4 (WEAVE LEFT, SIDE SHUFFLE LRL, 1/4 RIGHT TURN, ROCK)

- 1-2 Step L left, step R behind L
- 3-4 Step L left, step R across L
- 5&6 Step L left, shuffle R beside L, step L left
- 7-8 1/4 turn right rock R back, recover L

Enjoy this Beginner dance to practice scissor steps and weaves!

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Last Update: 14 May 2025





牆數: 4