Gimme Something



拍數: 32 牆數: 4 級數: High Beginner

編舞者: Clare MCcorrisken (UK) - January 2025 音樂: Gimme Something - Rachel Platten



Restarts:

Wall 3 facing 6 o'clock after 16 counts. Wall 5 facing 12 o'clock after 16 counts.

TAG:

8 count Tag: End of wall 3 facing 9 o'clock

[1-8] chasse right rock back recover, chasse left rock back recover. Restart.

Section 1: CHASSE R, ROCK BACK RECOVER, LEFT SIDE STRUT, RIGHT CROSS STRUT

1&2 Step RF to R side, step LF next to RF, step RF to R side

3-4 Rock back on LF, recover on RF
5-6 Step L Toe to L Side, Flatten L Foot
7-8 Cross R Toe over L, Flatten R Foot

Section 2: CHASSE L, ROCK BACK REVOVER, STOMP, 3 HIP BUMPS L,R,L

1&2 Step L to L side, step R next to L, step L to L side

3-4 rock back on R, recover on L

5-6 stomp RF to R side, bump hips to L side7-8 Bump hips to R side, bump hips to L side

Section 3: HEEL GRIND 1/4 TURN, ROCK BACK RECOVER, WALK WALK, KICK

1-2 step forward on RF heel twisting R toe from L to R making ¼ turn R, Recover back stepping

onto LF (now facing 3 o'clock)

3-4 Rock back on RF, recover on LF

5-6 Walk forward on RF, walk forward on LF7-8 Walk forward on RF, kick LF forward

Section 4: WALK BACK, BACK, TOUCH, Hop on Right Foot & Touch, Hop Left foot & Touch

1-2 Step back on the LF, Step back on the RF
3-4 Step back on the LF, Touch R toe next to LF
586 do a little hop on to RF & touch L toe next to RF
7&8 do a little hop on to LF & touch R toe next to LF

END OF DANCE

Last Update - 6 Jan 2025 - R1