

The A List

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Cessily Greene (USA) - January 2025
音樂: Time to Party - Craig David



I believe soul line dances are usually learned by watching people dance it and memorizing the steps and how they fit the music, making strong muscle memories. This dance, fortunately, also lends itself to being counted and written into a step sheet for other learning preferences. The counts are based on the rhythm of the music.

WALK TO THE RIGHT, HALF TURN LEFT, WALK TO LEFT, QUARTER TURN RIGHT

- 1 2 3 4 Make quarter turn left to walk on left, right, left facing 9:00 and do half turn left while still on left foot
5 6 7 8 Walk to 3:00 on right, left, right and do quarter turn right while still on right foot to face 12:00

JUMP UP, JUMP BACK, JUMP UP BACK UP BACK

- 1&2 3&4 Jump forward on both feet, jump back on both feet
5&6 7&8 Jump up then back on both feet twice as fast

CROSS AND KICK STEPS FACING 12:00

- &1&2& Step right on right, step left across, step on right kicking left foot out at same time, step on left foot
3&4& Step on right foot across left, step on left to side, kick out right foot, step to right on right foot

REPEAT STEPS 1-4 ABOVE

QUARTER TURN LEFT IN 4 SIDE ROCKING COUNTS, STEP SLIDE AND A KICK BALL CHANGE

- 1 2 3 4 Rock to right on right foot, to left on left foot, repeat right left rocks starting quarter turn left
5 6 7 8 Step to right, slide left foot to right to complete quarter turn, kick left foot out, step on left, step right

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