

Absolute Beginner Samba

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Absolute Beginner
編舞者: Shanthie De Mel (AUS) - January 2025
音樂: COCHITO - Meri Rinaldi
或: I Love to Love - Samba - Tony Evans and His Orchestra
或: Livin' la Vida Loca - Tony Evans and His Orchestra



Intro: 48 Count instrumental. Start at vocals.115 BPM.

Left rotation. No Tags No Restarts. No Syncopations.

NOTE. The SAMBA footwork & rhythm is maintained throughout without syncopations. Do your own styling.

Alternate slower music: Begin on vocals.

***1. I Love To Love – Tony Evans Studio Band.100 BPM.**

***2. Livin' La Vida Loca - Tony Evans Studio Band.101 BPM.**

(1-8) SAMBA LOCKS FORWARD WITH HOLD.

- 1, 2 Step R diagonally forward. Step L behind R.
- 3, 4 Step R forward. Hold.
- 5, 6 Step L diagonally forward. Step R behind L.
- 7, 8 Step L forward. Hold. (12:00)

Optional: Do Samba bounce & hip action.

(9-16) VOLTAS FULL LEFT TURN WAVING RIGHT ARM LASSO STYLE.

- 1, 2 Step R forward. Turning ¼ left lock L behind R. (9:00)
- 3, 4 Step R forward. Turning ¼ left lock L behind R. (6:00)
- 5, 6 Step R forward. Turning ¼ left lock L behind R. (3:00)
- 7, 8 Step R forward. Turning ¼ left lock L behind R. (12:00)

Optional: Do Samba bounce & hip action.

(17-24) SAMBA WHISK.

- 1, 2 Step R to right side. Rock L behind R.
- 3, 4 Recover R in place. Hold.
- 5, 6 Step L to left side. Rock R behind L.
- 7, 8 Recover L in place. Hold. (12:00)

Optional: Do Samba bounce & hip action.

(25-32) HIP BUMP x2. TURN ¼ LEFT SIDE. TOUCH. HOLD.

- 1, 2 Step R diagonally forward & bump hips twice to right side.
- 3, 4 Step L diagonally forward & bump hips twice to left side.
- 5, 6 Step R forward. Turning ¼ left step L to left side. (9:00)
- 7, 8 Touch R to L. Hold. (9:00)

Enjoy the dance. Stay happy & well!