I Plead the Fifth

拍數: 32

級數: Improver

編舞者: Brenda Shatto (USA) - January 2025

音樂: Plead the Fifth - Cooper Alan : (Single)

2nd place winner in the country improver choreography competition at Sunshine 'N Line 2025 #4 Restarts on walls 3, 6, 8 & 12. You can hear them coming, REALLY! See details and hints below.

Intro: 20 counts. 10 seconds

[1-8] R side rock, recover, L side rock, recover, forward rock, recover, R back, L hook

- 1,2& Rock R to right, L recover, R step next to L
- 3,4& Rock L to left, R recover, L step next to R
- 56 Rock R forward, L recover

*Restart on wall 6 [12:00]

R step back, L hook across R 78

[9-16] L lock step, ½ turn right lock step, ½ turn right walk LRLR

1&2 Step L forward*, lock R behind L, step L forward

*Restart on wall 3. Dance to count 9 then hold for 3 counts [12:00]

- 1/2 turn right step R forward, lock L behind R, step R forward [6:00] 3&4
- 5678 1/2 turn right walk in a curve LRLR [12:00]

[17-24] Rock recover, shuffle 1/2 turn left, heel grind R and L

- Rock forward on L, recover R 1,2
- 3&4 1/4 turn left step L to left, step R next to left, 1/4 turn left step L forward [6:00]

Restart on wall 12 [12:00]

5,6& Grind R heel across L turning toes from left to right, step L to left, step R next to L

78& Grind L heel across R turning toes from right to left, step R to right, step L next to R Restart on wall 8 [12:00]

[25-32] Step pivot 1/2 turn left, step pivot 1/2 turn left, stomp out-out, applejacks

- 1234 Step R forward, pivot ½ left weight on L, step R forward, pivot ½ left weight on L [6:00]
- 5,6 Stomp R, stomp L (feet apart in preparation for applejacks)
- 7&8& Twist L toes to left and R heel to left, recover, twist R toes to right and L heel to right, recover (weight L)

*Option: Do stomps with feet together then twist both heels right, center, right, center

Ending - Dance to count 28 then turn ½ left on L to face the front, step R to right and strike a confident pose.

Restart summary: (All happen facing 12:00)

Wall 3 dance to count 9, hold for 3 counts ("When I see that judge at 8am I know my rights and I'll tell him.") Wall 6 after 6 counts (banjo plays-no lyrics)

Wall 8 after 24 counts (Lyrics "What the hell d'you do?")

Wall 12 after 20 counts (Lyrics "That's my story and I'm sticking to it....I didn't do iiiiitt.")

Last Update: 24 Apr 2025





牆數:2