Rekha EZ

級數: Beginner

編舞者: Angéline Fourmage (FR) - 6 January 2025

牆數:4

音樂: Rekha - DESI TRILL & Mumzy Stranger

Start: O,8s. approximately, After the woman voice, On the lyrics with singer man

No Tag – No Restart

[1-8] Walkx2, Mambo, Back, Back, Coaster-Step

- 1-2 Walk FW: R, L
- 3&4 RF FW, Recover to LF, RF Back
- 5-6 LF Back, RF Back
- 7&8 LF Back, RF next to LF, LF FW

[9-16] Step, Touch, Step ¼ L, Touch, V-Step

- 1-2 RF to the R side, Touch LF next to RF
- 3-4 Make ¼ L with LF FW, Touch RF next to LF
- 5-6 RF FW on R Diagonal, LF FW on L Diagonal
- 7-8 RF Back, LF next to RF

[17-24] Weave, Sweep, Weave, Sweep

- 1-2 RF to the R side, LF behind RF
- 3-4 RF to the R side, Cross LF over RF with R Sweep from back to the front
- 5-6 Cross RF over LF, LF to the L side
- 7-8 RF behind LF, L Sweep from front to the back

[25-32] Anchor-Step, Anchor-Step, Coaster-Step, Step-Turn 1/2 L

- 1&2 LF behind RF, Recover weight on RF, Recover weight on LF
- 3&4 RF behind LF, Recover weight on LF, Recover weight on RF
- 5&6 LF Back, RF next to LF, LF FW
- 7-8 RF FW, Make ½ L (Finish weight is on LF)

For Level Improver : Rekha (Angéline FOURMAGE)

Smile et enjoy the dance Contact: maellynedance@gmail.com

Last Update: 15 Jan 2025





拍數: 32