New Vida de Rico

級數: High Beginner

編舞者: Penny Tan (MY) - January 2025

音樂: Camilo - Vida De Rico Remix (Cumbia - Reggaeton)

Intro 16C / Tag x2 / 1 Restart

**Restart after 16C on W7 , facing 3:00

*Tag 4C at end of W2 (6:00) & W5 (9:00)

Tag (4C) : Sways

1-4 Step RF to R with sway R-L-R-L (weight on L)

SEC1:BOTAFOGO (RL), ANCHOR STEPS (RL)

- 1&2 Cross RF over LF , rock LF to L , recover on RF, TOGETHER
- 3&4 Cross LF over RF , rock RF to R , recover on LF
- 5&6 Step RF back with slightly L knee up ,step LF in place
- 7&8 Step LF back with slightly R knee up , step RF in place , step LF back

SEC2:SAILOR STEP , 1/2 TURN L SAUILOR STEP , FWD , RECOVER , $\frac{1}{2}$ TURN R FWD , FWD , RECOVER , $\frac{1}{4}$ TURN L , SIDE

- 1&2 Cross RF behind LF, step LF to L, step RF on R
- 3&4 Sweep and ½ turn L , step LF behind RF , step RF to R , step LF fwd (6:00)
- 5&6 Step RF fwd , recover on R , ¹/₂ turn R , step F fwd (12:00)
- 7&8 Step LF fwd , recover on R , ¼ turn L , step LF to L side (9:00)
- **Restart here after 16C on W7 , facing 3:00

SEC3: BOTAFOGO (RL), VOLTA ½ TURN R

- 1&2 Cross RF over LF , rock LF to L , recover on RF, TOGETHER
- 3&4 Cross LF over RF , rock RF to R , recover on LF
- 5&6& Step RF fwd , ball rock LF behind RF , ¼ turn R , step RF fwd , ball rock LF behind RF
- 7&8 1/4 turn R , step RF fwd , ball rock LF behind RF , step RF fwd (3:00)

SEC4:SAMBA WHISK (LR), PIVOT1/2 TURN R, MAMBO TOGETHER

- 1-2& Step LF to RL , rock RF behind LF , recover on L
- 3-4& Step RF to R , rock LF behind RF , recover on R
- 5-6 Step LF fwd , 1/2 turn R , step RF fwd
- 7&8 Rock LF fwd , recover on R , step LF next to RF

Have fun and happy dancing!





拍數: 32

牆數:4