Days Turn Into Nights



拍數: 32 編數: 4 級數: Absolute Beginner

編舞者: Sue Korek (USA) - January 2025

音樂: Old Days - Chicago

或: Turn! Turn! - The Byrds



Alternate Music:

Turn, Turn, Turn (The Byrds--6 December 1965) Intro: 32 counts, bpm=125

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Section 1 (WALK FWD, KICK, WALK BACK, KICK)

1-2	Step R forward, step L forward
3-4	Step R forward, kick L forward
5-6	Step R back, step L back
7-8	Step L back, kick R forward

Section 2 (ROCKING CHAIR, JAZZ BOX CROSS)

1-2	Rock R forward, recover L
3-4	Rock R back, recover L
5-6	Step R across L, step L back
7-8	Step R to right, cross L over R

Section 3 (VINE RIGHT, VINE LEFT 1/4 TURN LEFT)

1-2	Step R to right side, step L behind R,
3-4	Step R to right side, touch L beside R
5-6	Step L to left side, step R behind L
7-8	1/4 turn left step L, touch R beside L

Section 4 (K-STEP, BRUSH)

1-2	Step R diagonally forward, touch L beside R
3-4	Step L diagonally back, touch R beside L
5-6	Step R diagonally back, touch L beside R
7-8	Step L diagonally forward, brush R

Enjoy this fun Absolute Beginner dance!

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