Arrasando Thalia

拍數: 32

級數: Beginner

編舞者: Greesita Wiranegara (INA) - January 2025

音樂: Arrasando - Thalia

DANCE BEGINS: APPROX 33 SECONDS

SECTION 1: SHUFFLE FORWARD (R-L) - SIDE MAMBO (R-L)

- Step RF forward, step LF behind RF, step RF forward 1&2
- 3&4 Step LF forward, step RF behind LF, step LF forward
- 5&6 Step RF to R side, recover on LF, step RF next to LF
- 7&8 Step LF to L side, recover on RF, step LF next to RF

SECTION 2: PIVOT ½ L- FWD SHUFFLE R-SIDE ROCK L- RECOVER R- CROSS LF BEHIND RF- SIDE STEP R- FWD STEP L

- 1-2 Step RF forward, turn ½L step LF forward (06.00)
- 3&4 Step RF forward, step LF behind RF step RF forward
- 5-6 Rock LF to L side, recover on RF
- Cross LF behind RF, step RF to R side, step LF forward 7&8

SECTION 3: FWD ROCK R-1/4 TURN R SIDE STEP R- CLOSE - SIDE STEP R (SWAY R,L,R,L)

- 1-2 Rock RF forward, recover on LF
- 3-4 Turn ¼ R step RF to R side, close LF next to RF (09.00)
- 5-6 Step RF to R side while sway hips to R, sway hips to L
- 7-8 Sway hips to R and L

SECTION 4: V STEP-SIDE MAMBO (R-L)

- Step RF diagonal forward, step LF diagonal forward 1-2
- 3-4 Step RF back to center, step LF back to center
- 5&6 Step RF to R side, recover on LF, step RF next to LF
- Step LF to L side, recover on RF, step LF next to RF 7&8

THANK YOU....





牆數: 4