Ladies, Fellas

拍數: 32

級數: Improver / Intermediate

編舞者: Tea Ashley (USA) - January 2025

音樂: Dancin' While Intoxicated (DWI) (feat. LoCash Cowboys & Redneck Social Club) - Colt Ford

#32 Count Intro

*1 Restart: Wall 10 after 16 counts

Section 1: [1-8] ¼ Turning Sailor, Heel Switch, Full Turn, Side Mambo cross

牆數:4

- 1,2& Step RF to R (1), Cross LF behind R beginning ¹/₄ turn L (2), Step RF to LF (&)
- 3&4& Touch L Heel Forward (3), Bring LF to RF (&), Touch R Heel Forward (4), Bring RF to LF (&)
- 5,6 Step LF forward (5), Bring RF in for Full Turn over R shoulder (6)
- 7&8 Step LF to R (7), Recover on LF (&), Cross LF over R (8)

Note: Keep weight on RF for full turn to make Side Mambo easier.

Section 2: [9-16] Point, 1/4 Hitch, Pony Steps x2, Coaster Step, Kick Hitch Close

- 1,2 Point RF to RF (1), ¼ over R shoulder and Hitch RF (2)
- 3&4 Step RF back and Hitch LF up (3), Step LF down in place (&), Hitch LF up (4)
- 5&6 Step LF back (5), Bring RF to LF (&), Step LF forward (6)
- 7&8 Kick RF to R (7), Bring in RF in a hitch (&), Bring RF to LF (8)

RESTART: Wall 10. Restart on same wall after Kick Hitch Close.

Section 3: [17-24] Scuff, Place, Hip Sway, ¼ Turning Sailor, ½ Pivot Flick

- 1,2 Scuff LF forward (1), Step LF to L (2)
- 3,4 Sway Hips L (3), Sway Hips R (4)
- 5&6 Cross LF behind R to begin turn over L shoulder (5), Bring RF to L to finish turn (&), Step LF Forward (6)
- 7,8 Step RF Forward and ½ turn pivot over L shoulder (7), Shift weight to LF to flick RF backwards (8)

Section 4 [25-32] Wizard Step, Anchor Step, 2 Step 1/2 turn, Kick Ball Cross

- 1,2& Step RF to R diagonal (1), Step/Slide LF behind RF (2), Step RF forward (&)
- 3,4& Step LF forward (3), Step RF in slight cross behind LF (4), Step LF in place (&)
- 5,6 Step RF Backwards and begin ½ turn over L shoulder (5), Finish ½ Turn and step LF forward (6)
- 7&8 Kick RF forward (7), Step RF back to center (&), Cross LF in front of RF (8)

Got questions? Contact: Sweetteadancing@gmail.com Tiktok: @sweetteadancing – for 1 Minute Video Demo

