

October Groove

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 2 級數: Intermediate
編舞者: Penny Pearl (USA) - January 2025
音樂: Make Me Wanna - October London



I believe soul line dances are usually learned by watching people dance it and memorizing the steps and how they fit the music, making strong musical muscle memories. This dance, fortunately, also lends itself to being counted and written into a step sheet for other learning preferences. The counts are based on the rhythm of the music. The dance starts after the singer starts with "oooh".

~1st Rotation Part 1 (2 Times - 32 Counts) Part 2 (32 Counts)

~2nd Rotation Part 1 (2 Times) Part 2 (32 Counts)

~3rd Rotation Part 1 (2 Times) Part 2 (32 Counts)

~4th Rotation Part 1 Front Wall 16 Count

Part 1 Back Wall 16 Count

Repeat front Wall 16 Count

Repeat Back Wall 16 Count

Front Wall slide right tap left

PART 1: 16c

SIDE STEP, FORWARD CHAS, LEFT WEAVE

1 2 3&4 Step right to side, touch with left, triple step forward left, right, left

5&6&7&8 Cross right over left, step left to side, right behind, left side, cross right over, left side, right together

SYNCHOPATED ROCKING CHAIR/HEEL DIGS, BACK ROCKS

1&2&3&4 Rock forward/dig heel on right, recover, back on right, recover, right forward, recover, right recover

5 6 7 8 Rock back on left, recover right, rock back on left, recover right

REPEAT PART 1

PART 2: 32c

FULL ROCKING LEFT TURN, CROSS POINTS

1 2 3 4 Rock back on right, pivot left full turn to return to front stepping left, right tap, tap right foot out

5 6 7 8 Cross right over left, point left out, cross left over right, point right out

CROSS, BACK, RIGHT, LEFT, TOUCH, BACK RIGHT, HALF TURN LEFT FACE, IN OUT

1 2 3&4 Cross right over left, step on left, right back, left in front, back on right touch,

5 6 7 8 Rock back on right, recover on left starting half turn left, finish turn on right in, right out

CROSS OUT OUTS, FORWARD SHUFFLE, HOLD, OUT

1&2 3&4 Cross right in front, step back on left, step side on right, cross left front, right back, left front

5&6 8 Forward right, left, right, hold for 7, out on right for 8

BACK SHUFFLES, LEFT RIGHT STEP HALF TURN LEFT

1&2 3&4 5&6 Shuffle in place RLR, LRL, shuffle back RLR

7 8 Place left foot behind right, complete left half turn pivoting on left, landing/tapping on right

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