

Feel Like Hell Today

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Absolute Beginner
編舞者: Saône-Valley (FR) - May 2024
音樂: Feel Like Hell Today - Cooper Alan



Intro: 16 counts

(1-8) HEEL R., HOOK R., STEP FORWARD R., HOLD, HEEL L., HOOK L. , STEP FORWARD L., HOLD

- 1-2 RF heel forward, RF hook in front of L leg
- 3-4 RF step forward, hold
- 5-6 LF heel forward, LF hook in front of R leg
- 7-8 LF step forward, hold

(9-16) SLOW STEP LOCK STEP, HOLD, SLOW STEP TURN

- 1-2 RF step forward, LF cross behind RF,
- 3-4 RF step forward, hold
- 5-6 LF step forward, hold
- 7-8 1/2 turn R stepping RF forward, hold (6h)

☐ Restart 3rd wall

(17-24) SLOW STEP LOCK STEP, HOLD, SIDE POINT R, TOUCH, SIDE POINT R, HOLD,

- 1-2 LF step forward, RF cross behind LF
- 3-4 LF step forward, hold
- 5-6 RF point R, RF touch beside L
- 7-8 RF point R, hold

(25-32) WEAVE LEFT, HOLD, SIDE POINT L, TOUCH, STEP L, HOLD

- 1-2 RF cross behind LF, LF step L
- 3-4 RF cross in front of LF, hold
- 5-6 LF point L, LF touch beside R
- 7-8 LF step L, hold

☐ Restart 3rd wall, after 16 counts
