Fall a Little Deeper

級數: Improver

編舞者: Debbie Maxwell (USA) - January 2025

音樂: Fall a Little Deeper - Dan Alley

或: The Door - Teddy Swims

Intro: 16 Counts (start on the vocals)

A very special Thank You to my wonderful friends Kristin Lyn and Hana Ries for your support and invaluable feedback. Kristin and Alyssa thank you for being my demo partners. This dance is dedicated to my sweetheart Chris.

Section 1: Cross Point, Cross Forward Point, Rocking Chair

- 1 2 Cross RF in front LF, Point L toe to left side
- 3 4 Cross LF forward and across RF, Point R toe to right side
- 5 6 Rock Forward on RF, Recover on LF
- 7 -8 Rock Back on RF, Recover on LF

Styling Option for 5-8. This will also set your body up for your first Lindy.

You can angle your Rocking Chair. Step RF forward and slightly across LF, recover on LF, Step back on RF, slightly behind RF, recover on LF.

Section 2: Lindy Right, Lindy Left

- 1&2 Step RF to right side, step LF together next to RF, step RF to right side
- 3 4 Cross Rock LF behind RF, recover onto RF
- 5&6 Step LF to left side, step RF together next to LF, step LF to left side
- 7 8 Cross Rock RF behind LF, recover onto LF

Section 3: Right Toe Strut, Left Toe Strut, 1/2 Chase Turn Left, Hold

- 1 2 Step forward R toe, drop R heel
- 3 4 Step forward L toe, drop L heel
- 5 6 Step forward RF, pivot ¹/₂ turn L, placing weight on LF (6:00)
- 7 8 Step forward on RF, Hold

Section 4: Full Turn (R), Quarter Turn Pivot (R), Cross Side Behind Point

- 1 2 Step LF back as you 1/2 turn over right shoulder, Step RF forward as you ½ turn over right shoulder (6:00)
- 3 4 Step forward on LF, pivot ¼ right and place weight on RF (9:00)
- 5 6 Cross LF in front RF, step RF to the R side
- 7 8 Cross LF behind RF, Point R toe to the R side

Non-Turning Option for counts 1-2: Walk forward LF, walk forward RF

REPEAT

Styling and For Fun - To Finish the Dance Raise Left Arm on left diagonal as Right Toe is Pointed to right diagonal

Last Update: 30 Jan 2025





拍數: 32

牆數:4