

Teke Teke - Salsa

COPPER KNOB
STEPPERS

拍數: 96 牆數: 1 級數: High Intermediate
編舞者: Carmen Vizcara (USA) - January 2025
音樂: Teke Teke - Grupo Bip & Lesea



Salsa is a spot dance but many of the steps can be used in group dancing, even in a line formation. The music is fast!

DIAGONAL BACK CHAS, POINT FRONT, POINT BACK*

1 2 3&4 Press/point right foot up, back, triple back right, left, right
5 6 7&8 Press/point left foot up, back, triple back left, right, left

DIAGONAL FORWARD CHAS, SIDECHA, BACK TAP/ROCK*

1 2 3&4 Press/point right foot up, back, triple up right, left, right
5 6 7&8 Press/point left foot up, back, triple up left, right, left

Note* Diagonal directions are for front line. Back line does the steps in reverse, forward instead of back. After completing both diagonals, both lines will return to their starting position.

SAMBA WHISKS, HALF RIGHT TURN QUICK STEPS/SHOULDER SHIMMIES

1 2& Rock side to right for 1, rock back on left for 2, recover right for &
3 4& Rock side to left for 3, rock back on right for 4, recover left for &
5&6&7&8& Start half right turn quick stepping right left right left right left right left to face 6:00

SINGLE, SINGLE, DOUBLE HIP BUMPS BACK, DOUBLE HIP BUMPS FORWARD, STEP BEHIND SIDE CROSS

1&2& Push right hip back stepping right left back diagonal
2& Push left hip back, stepping left right back diagonal
3&4& Step up diagonal on right bumping hip forward twice
5&6& Step up diagonal on left bumping hip forward twice
7&8& Step on right, step left behind right, step right side, cross left over right

SAMBA WHISKS, HALF RIGHT TURN QUICK STEPS/SHOULDER SHIMMIES

1 2& Rock side to right for 1, rock back on left for 2, recover right for &
3 4& Rock side to left for 3, rock back on right for 4, recover left for &
5&6&7&8& Start half right turn quick stepping right left right left right left right left to face 6:00

SINGLE TO DOUBLE HIP BUMPS

1&2 3&4 Bump hips to right, left, right twice up and down
5&6 7&8 Bump hips to Left, right, left twice up and down

CROSS HOLDS, SYNCHOPATD FRONT TAPS

&1&2&3&4 Ball left on &, cross right over left, ball left, cross right behind, repeat &1&2
&5&6&7&8 Ball left step, tap right front, ball right, tap left, ball left, tap right, ball right, tap left

POINT SWITCHES

1&2& 3&4& Point right foot right, switch point left foot left, point right foot right, hitch right foot, recover left
5&6& 7&8 Point left foot left, switch point right foot right, point left foot left, hitch left foot, twist left heel

RIGHT MAMBO FORWARD, LEFT MAMBO BACK, CONTINUOUS LEFT HALF TURNS

1&2 3&4 Step up on right, recover on left, recover on right, step back on left, recover on right, recover on left
5 6 7 8 Step on right, half turn left, step on right, half turn left

CROSS HOLDS, SYNCHOPATD FRONT TAPS

&1&2&3&4 Ball left on &, cross right over left, ball left, cross right behind, repeat &1&2
&5&6&7&8 Ball left step, tap right front, ball right, tap left, ball left, tap right, ball right, tap left

STOMPS

1 3 4 Stomp on right holding 2 counts, stomp right on 3 step on right on 4
5 7 8 Stomp on left holding 2 counts, stomp left on 7 step on left on 8

ENDING – DOUBLE STOMPS, HALF TURN RIGHT TANTRUM STOMPING

1&2&3&4& Stomp on right, hold for 2, stomp twice on &, repeat step 1&2& for left foot
5&6& Travel half turn right tantrum stomping to face 6:00
7&8& Stomp left, point right, half turn left to pose on EXPLOSION SOUND!

Style note: Ladies left hand on waist and right palm up, men both hands on waists

Submitted by: Bonnie Berns - Email: yaelchina@yahoo.com
