

Girls Night (Jentekveld)

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: High Beginner
編舞者: Ellen Fyrand (NOR) - January 2025
音樂: Jentekveld - Sandra Lyng & Carina Dahl



#8 Count Intro

Restart 3x

Sec 1: R Rocking Chair, Rock Step, Stomp, L Rocking Chair, Rock Step, Stomp

1&2& Rock FW on RF (1), Recover to LF (&), Rock Back on RF (2), Recover to LF (&)
3&4 Rock FW on RF (3), Recover to LF (&), Stomp RF beside LF (4)
5&6& Rock FW on LF (5), Recover to RF (&), Rock Back on LF ((6), Recover to RF (&)
7&8 Rock FW on LF (7), Recover to RF (&), Stomp LF beside RF (8)

Sec 2: Paddle 1/4 Turn L x3, Side Rock

1-2 1/4 Turn L and Step RF to Side (1), Recover Weight to LF (2) [9:00]
3-4 1/4 Turn L and Step RF to Side (3), Recover Weight to LF (4) [6:00]
5-6 1/4 Turn L and Step RF to Side (5), Recover Weight to LF (6) [3:00]
7-8 Rock RF to Side (7), Recover Weight to LF (8)

****Push hip out to R on Counts 1-3-5-7**

***Restart here**

Sec 3: R Cross Shuffle with Hitch, L Cross Shuffle with Hitch (Pony Step)

1& Cross RF in Front and Hitch L Knee (1), Step LF to Side (&)
2& Cross RF in Front and Hitch L Knee (2), Step LF to Side (&)
3& Cross RF in Front and Hitch L Knee (3), Step LF to Side (&)
4 Cross RF in Front and Hitch L Knee (4), Hitch LF
5& Cross LF in Front and Hitch R Knee (5), Step RF to Side (&)
6& Cross LF in Front and Hitch R Knee (6), Step RF to Side (&)
7& Cross LF in Front and Hitch R Knee (7), Step RF to Side (&)
8 Cross LF in Front and Hitch R Knee (8)

Sec 4: R Side Mambo, L Side Mambo, R FW Mambo, L Coaster Step

1&2 Rock RF to Side (1), Recover to LF (&), Step RF beside LF (2)
3&4 Rock LF to Side (3), Recover to RF (&), Step LF beside RF (4)
5&6 Rock FW on RF (5), Recover to LF (&), Step RF beside LF (6)
7&8 Step Back on RF (7), Step LF beside RF (&), Step FW on LF (8)

***Restart after 16 Counts in Wall 2-4-6- Facing 6:00 12:00 6:00**

Contact: efyrand@gmail.com

Last Update: 31 Mar 2025