

# I Can Help Ya

**COPPER** KNOB  
STEPSHEETS

拍數: 32      牆數: 4  
編舞者: Bill Handley (AUS) - February 2025  
音樂: I Can Help - Charley Crockett



Intro. 16C.

**[S:1] Step side, hold, rock behind, recover, step side, hold, behind, ¼ turn step forward.**

1,2,3,4      Step R to R side, hold, rock L behind R, step R in place,  
5,6,7,8.      Step L to L side, hold, step R behind L, make a ¼ turn L and step forward on L.

**[S:2] Forward, hold, forward , ½ turn R and forward, forward, hold, forward, forward.**

1,2,3,4,      Step forward on R, hold, step forward on L, make a ½ turn R and step forward on R,  
5,6,7,8.      Step forward on L, hold, step forward on R, step forward on L.

**[S:3] Forward, hold, Lock, forward, forward, hold, lock, rock forward**

1,2,3,4,      Step forward on R, hold, lock L behind R, step forward on R,  
5,6,7,8,      Step forward on L, hold, lock R behind L, rock forward on L,

**[S:4] Back, hold, back, back, back, hold, rock back, recover.**

1,2,3,4,      Step back on R, hold, step back on L, step back on R,  
5,6,7,8,      Step back on L, hold, rock back on R, step L in place.

**Note. All holds are on the 2nd and 6th count. I hope this helps.**

**Last Update: 10 Feb 2025**

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