

# New Day

拍數: 32      牆數: 4      級數: Intermediate  
編舞者: Andrus Lippmaa (EST) - February 2025  
音樂: New Day - Firerose & Billy Ray Cyrus



intro: 20 counts

**[1-8] Nightclub basic right, L side rock, L back rock, ¼ left, R rock forward, R-L full turn right with sweep back**

1-2&      R step right side, L step close to R, R step cross over L  
3&4&      L rock left side, change weight onto R, L rock back, change weight onto R  
5-6&      L turning ¼ left step forward, R rock forward, change weight back onto L  
7-8      R turning ½ right step forward, L turning ½ right step back and sweep R from front to behind

**[9-16] R behind, L side-rock, L cross, R side, L ¼ left coaster step, R-L full turn left with sweep forward, R cross, L back**

1-2&      R step behind L, L rock left side, change weight onto R  
3&4&      L step cross over R, R step right side, L turning ¼ left step back, R step next to L  
5-6      L step forward, R turning ½ left step back  
7-8&      L turning ½ left step forward and sweep R from back to front, R step cross over L, L step back

**[17-24] R side step, L cross-back-side, L lunge left (prep), R-L-R full and ¼ turn right, L step together and raise, R-L run back**

1-2&      R step right side, L step cross over R, R step back  
3-4      L step left side, L lunge down on left knee and point R to right side (prep)  
5&6      R turning ¼ right step forward, L turning ½ right step back, R turning ½ right step forward  
7-8&      L step next to R and raise little on both toes, R run small step back, L run small step back

**[25-32] R back, L back and turn, R forward, L ½ right back, R ¼ side, L cross, R side, L ¼ left forward, R-L full turn left**

1-2      R run small step back, L step long step back and turn upper body left watch back over left shoulder  
3&4      R step forward, L turning ½ right step back, R turning ¼ right step right side  
5&6      L step cross over R, R step to right side, L turning ¼ left step L forward  
7-8      R turning ½ left step back, L turning ½ left step forward