

Good as Hell

拍數: 32 牆數: 2 級數: Improver
編舞者: Sylvia Triwidijatsih (INA) - February 2025
音樂: Good as Hell - Lizzo



Intro : 16 Count

SECT 1 : WALK R L - SUGAR PUSH - ANCHOR STEP

1-2 Step forward on R, Step forward on L
3&4 Step forward on R, Recover on L, Step back on R
5&6 Slightly step L behind R, Step R in place, Step L in place
7&8 Slightly step R behind L,, Step L in place, Step R in place

SECT 2 : BACK - HITCH - FORWARD - RUN L R L - CROSS - TURN - BACK - CHASSE

1-2 Step back on L hitch on R, Step forward on R
3&4 Run forward L R L
5-6 Cross R over L, 1/4 turn right step back on L
7&8 Step R to right side, Step L beside R, Step R to right side

SECT 3 : FORWARD DIAGONAL - TOUCH - FORWARD SHUFFLE - FORWARD ROCK - COASTER STEP

1-2 Step forward on L to left diagonal, Touch R beside L
3&4 Step forward on R to right diagonal, Step L beside R, Step forward on R to right diagonal
5-6 Step forward on L, Recover on R
7&8 Step back on L, Step R beside L, Step forward on L

SECT 4 : FORWARD - TURN - SIDE - CLOSE - BOTAFOGO - CROSS - POINT - CLOSE - POINT - CLOSE - POINT - CLOSE

1&2 Step forward on R, 1/4 turn right step L to left side, Close R beside L
3&4 Cross L over R, Step R right side, Step L to left side
5-6& Cross R over L, Point L to left side, Step L close to R
7&8& Point R to right side, Close R to L, Point L to left side, Close L to R

- Restart 1 : On wall 2 after 16 Count , change step (facing 06.00)

5-6 Cross R over L, Step back on L
7&8& Step R to right side, Close L to R, Step R to right side, Close L to R

- Restart 2 : On wall 3 after 24 count, change step(facing 06.00)

5-6 Step forward on L, Recover on R
7&8 1/4 turn left step L to left side, Step R beside L, Step L to left side

- Restart 3 : On wall 5 after 16 count, change step(facing 12.00)

5-6 Cross R over L, Step back on L
7&8& Step R to right side, Close L to R, Step R to right side, Close L to R

- Tag : On wall 7 (facing 12.00)

1-4 Step R to right side, hips roll clockwise 3 count

Enjoy the dance □□□

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