

Back No More

拍數: 32 牆數: 4 級數: Easy Intermediate
編舞者: Barrie Penrose (UK) - February 2025
音樂: Didn't I - Dasha



Intro: 4 Counts (Singer counts you in)

SEC 1 Forward tap back hook, lock step forward, step ½, rock forward coaster cross

1& Step forward right touch left toe behind right heel
2& Step back on left, hook right in front of left
3&4 Lock step forward right (12)
5& Step forward left ½ pivot turn (weight on right) (6)
6& Rock forward left recover
7&8 Left coaster cross

SEC 2 Forward rumba, lock back, step back forward brush

1&2& Step right to right, step left beside right, step forward right, tap left beside right
3&4& Step left to left, step right beside left, step back on left, slightly hitch right
5&6 Right lock step back
7&8& Step back left, touch right toe in front of left, step forward right, brush left forward (6)

SEC 3 Lock forward left, step right ¼ cross, half hinge cross, step tap back flick

1&2 Lock step forward left
3&4 Step forward right, pivot ¼ left, cross step right over left (3)
5&6 Step left to left turning ¼ right, step right to right turning ¼ right, cross step left over right (9)
7&8& Step forward right diagonal, touch left toe behind right heel, step back left diagonal, low kick forward right

SEC 4 Extended weave to left, side rock left recover, crossing toe strut, ¼ strut, ¼ strut turning left

1&2& Right behind left, left to left, right in front, left to left,
3&4 Right behind left, left to left, right in front
5&6& Side rock left, recover onto right, crossing left toe strut over right
7&8& Toe strut right turning ¼ left (6), toe strut left turning ¼ left (3)
