Just Hit Oklahoma



拍數: 32 牆數: 4 級數: Improver

編舞者: Gaye Teather (UK) - February 2025

音樂: oklahoma - Carly Pearce: (iTunes, Amazon etc)



Intro: 16 counts. Start dancing on lyrics - 11 secs Choreographer: Gaye Teather (UK) (February 2025)

This dance has a restart during wall 7. See below* There is a slight step change to facilitate the transition to count 1 when starting again

Sway Right. 1 /4 turn Left. Diagonal shuffle forward. Forward rock. Sailor 1 / 4 turn left

1 – 2	Step Right to Right side swaying Right. 1 / 4 turn Left placing weight onto Left foot (facing 9
	o'clock)
3& 4	Step Right diagonally forward Right. Step Left beside Right. Step Right diagonally forward
	Right (facing 11 o'clock)
5 – 6	Rock forward on Left (still facing 11 o'clock). Recover onto Right

Turning Left to face 6 o'clock sweep Left behind Right. Step Right to Right side. Step forward 7&8

on Left (facing 6 o'clock)

Skate. Skate. Shuffle forward. Forward Mambo. Sweep back. Sweep back

1 – 2	Skate forward on Right. Skate forward on Left
3&4	Step forward on Right. Step Left beside Right. Step forward on Right
5&6	Rock forward on Left. Recover onto Right. Step back on Left
7 – 8	Sweep Right foot back, Sweep Left foot back

Back rock. Shuffle 1 / 2 turn Left. Back rock. 1 / 4 turn Right. Chasse Left

1 – 2	Rock back on Right. Recover onto Left
3&4 1	/ 4 turn Left stepping Right to Right side. Step Left beside Right. 1 / 4 turn Left stepping back
	on Right (facing 12 o'clock)
5 – 6	Rock back on Left. Recover onto Right

7&8 1 / 4 turn Right stepping Left to Left side. Step Right beside Left. Step Left to Left side (facing 3 o'clock)

* Restart: At this point during wall 7, (which starts facing 6 o'clock), make a slight step change by replacing the Left chasse with a step to Left side. Touch Right beside Left as follows:-

/ 4 turn Right stepping Left to Left side (long step). Touch Right beside Left

Then start again from the beginning facing 9 o'clock

Behind. Side. Recover. Behind. Back rock. Prissy walks forward x 2

1 – 2	Cross step Right behind Left. Step Left to Left side
3 – 4	Recover weight onto Right foot. Cross step Left behind Right
5 – 6	Sweep Right foot out and back. (Angling upper body to look back over Right shoulder). Recover onto Left straightening up to face forward
7 – 8	Step Right foot forward and slightly across Left. Step Left foot forward and slightly across

Option for counts 7 – 8 Full turn Left travelling forward

1/2 turn Left stepping back on Right. 1 / 2 turn Left stepping forward on Left (facing 3 o'clock)

Start again