Rumba Here Lately

級數: Beginner

編舞者: Michele Burton (USA) - February 2025

- 音樂: Here Lately Scooter Lee
 - 或: I Just Called to Say I Love You Stevie Wonder
 - 或: Because (2019 Remaster) The Dave Clark Five
 - 或: Everybody's Talking Randy Crawford & Joe Sample

No Tags, No Restarts

拍數: 32

This dance makes a nice floor split for Open Book, Rumba Breeze, or a song with a rumba rhythm

[1-8] CUCARACHAS RIGHT AND LEFT

- 1 4 Rock R to right, Recover to L, Step R beside L; Hold
- 5 8 Rock L to left; Recover to R; Step L beside R; Hold

Cucaracha styling: this may feel like a mambo step, but try smooth body action with gently hip sways

[9-16] FORWARD CLOSE FORWARD HOLD, FORWARD CLOSE FORWARD, HOLD

- 1 2 Step R diagonally forward; Step L together
- 3 4 Step R diagonally forward; Hold (1:30)
- 5 6 Step L diagonally forward; Step R together
- 7 8 Step L diagonally forward; Hold (10:30)

[17-24] RUMBA BOX

- 1 4 Step R to right side; Step L together; Step R back; Hold
- 5 8 Step L to left side; Step R together; Step L forward; Hold

[25-32] ROCK RETURN ¼ RIGHT HOLD, CROSS SIDE CROSS

- 1 4 Rock R forward; Recover to L, turn ¼ right & step R to right; Hold (3:00)
- 5 8 Cross L over R; Step R to right; Cross L over R; Hold

BEGIN AGAIN AND ENJOY!!

General styling note: This dance is done with a "quick (1), quick (2), slow (3,4)" rhythm. Try to continue the movement through the two counts of the "slow". This gives the dance a smooth rumba flow.





牆數:4