

Please Shake It (흔들어 주세요)

COPPER KNOB
STEP SHEETS

拍數: 104 牆數: 2 級數: Beginner
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音樂: Shake Me Up (흔들어주세요) - So Yumi (소유미)



intro – : 32Count

Sec 1. Side, together, side, flick x 2

1 - 2 Step Rf to R side, Lf together
3 - 4 Step Rf to R side, flick Lf behind Rf
5 - 6 Step Lf to L side, Rf together
7 - 8 Step Lf to L side, flick Rf behind Lf

Sec 2. Rocking chair, side, touch, side, touch

1 - 2 Rock Rf fwd, recover on Lf
3 - 4 Rock Rf back, recover on Lf
5 - 6 Step Rf to R side, touch Lf beside Rf
7 - 8 Step Lf to L side, touch Rf beside Lf

Sec 3. Sec 1 Repeat

Sec 4. Sec 2 Repeat

Sec 5. Side, together, fwd, hold, side, together, fwd, hold

1 - 2 Step Rf to R side, Lf together
3 - 4 Step Rf fwd, hold
5 - 6 Step Lf to L side, Rf together
7 - 8 Step Lf fwd, hold

Sec 6. Back, touch(with clap), Back, touch(with clap), back, touch(with clap), back, touch(with clap)

1 - 2 Step Rf diagonal back, touch Lf beside Rf (clap)
3 - 4 Step Lf diagonal back, touch Rf beside Lf (clap)
5 - 6 Step Rf diagonal back, touch Lf beside Rf (clap)
7 - 8 Step Lf diagonal back, touch Rf beside Lf (clap)

Sec 7. Sec 5 Repeat

Sec 8. Sec 6 Repeat

Sec 9. Fwd, brush kick(with shimmy) x4

1 - 2 Step Rf fwd, brush Lf fwd kick(shimmy)
3 - 4 Step Lf fwd, brush Rf fwd kick(shimmy)
5 - 6 Step Rf fwd, brush Lf fwd kick(shimmy)
7 - 8 Step Lf fwd, brush Rf fwd kick(shimmy)

Sec 10. Back, kick x 4

1 - 2 Step Rf back, kick Lf fwd
3 - 4 Step Lf back, kick Rf fwd
5 - 6 Step Rf back, kick Lf fwd
7 - 8 Step Lf back, kick Rf fwd

Sec 11. Sec 9 Repeat

Sec 12. Sec 10 Repeat

Sec 13. Side jump(shake) x 3, toe turn 1/2 R

1 - 4 Side jump R (shake), side jump L (shake)

5 - 8 Side jump R (shake), toe Rf behind Lf 1/2 turn R

Restart. wall 2 after 32 counts

Tag.

1 - 4 Raise one's arms up to the right

5 - 8 Raise one's arms up to the left

9 - 12 Raise one's arms up to the right

13 - 16 Raise one's arms up to the left

17 - 20 1/4R step Rf fwd, hold 1/4R step Lf fwd, hold

21 - 24 Walking around 1/2turn R

25 - 28 (Jazz bax) cross Rf over Lf, Lf back, step Rf to R side, step Lf fwd
