

# Handle Me Gently

**COPPER** **KNOB**  
BY STEPHEN

拍數: 32      牆數: 4      級數: Beginner / Improver  
編舞者: Susan Reynolds (USA) - February 2025  
音樂: Crystallized - Kim Sozzi



No Tags or Restarts

Intro: 32 counts.

## ROCKING CHAIR, SIDE ROCK, RIGHT SAILOR

1-4            Rock R forward, Recover on L, Rock R backward, Recover on L  
5-6            Rock R to R side, Recover on L  
7&8            Cross R behind L, Step L to side, Step R out to side

## LEFT SAILOR ROCKING CHAIR, SIDE ROCK

1&2            Cross L behind R, Step R to side, Step L out to side  
3-6            Rock R forward, Recover on L, Rock R backward, Recover on L  
7-8            Rock R to R side, Recover on L

## ROCK, RECOVER, SHUFFLE ½ TURN RIGHT, ¼ TURN RIGHT, COASTER

1-2            Rock R forward, Recover on L  
3&4            Shuffle RLR as turn ½ R  
5-6            Step L forward as ¼ turn R (weight returns to R)  
7&8            Step L back, Step R back beside L, Step L forward

## POINT STEP, POINT STEP, RIGHT SAILOR, POINT STEP

1-2            Point R toe to R Step on R in place  
3-4            Point L toe to side, Step on L in place  
5&6            Cross R behind L, Step L to side, Step R out to side  
7&8            Point L toe to side, Step on L in place

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