

Anything but My Heart

COPPER KNOB
STEPSHEETS

拍數: 102 牆數: 2 級數: High Improver
編舞者: Patty Policastro (USA) - February 2025
音樂: What Don't Belong To Me - Post Malone



Count in: After 16 counts on lyrics

Section 1:

KICK-BALL-POINT R & L, JAZZ BOX ¼ TURN R; KICK-BALL-POINT L & R, JAZZ BOX ¼ TURN L

1&2 R kick, land on ball, L leg point to L side
3&4 L kick, land on ball, R leg point to R side
5,6,7,8 Cross R over L, Make ¼ pivot turn right while Stepping L back, Step R to R side, Touch L

1&2 L kick, land on ball, R leg point to R side
3&4 R kick, land on ball, L leg point to L side
5,6,7,8 Cross L over R, Make ¼ pivot turn left while Stepping R back, Step L to L side, Touch R

R SHUFFLE FORWARD, with L ROCK RECOVER; L SHUFFLE BACKWARD, with R ROCK RECOVER

1&2, 3,4 Step R forward, Step L forward (syncopated), Step R forward; Step L forward rock recover
5&6, 7,8 Step L backward, Step R backward (syncopated), Step L backward; Step R backward rock recover

GRAPEVINE R & L

1,2,3,4 Step R to R side, cross L behind R; step R to R side, touch L beside R
5,6,7,8 Step L to L side, cross R behind L; step L to L side, touch R beside L

SAMBA R & L, JAZZ BOX ¼ TURN RIGHT X2

1&2 Cross R, Rock L to side, recover (syncopated)
3&4 Cross L, Rock R to side, recover (syncopated)
5,6,7,8 Cross R over L, Make ¼ pivot turn right while Stepping L back, Step R to R side, Touch L

1&2 Cross R, Rock L to side, recover (syncopated)
3&4 Cross L, Rock R to side, recover (syncopated)
5,6,7,8 Cross R over L, Make ¼ pivot turn right while Stepping L back, Step R to R side, Touch L

R PADDLE x3 with L 1/2 TURN, THEN TAP L; L PADDLE x3 with R 1/2 TURN, THEN TAP R, LINDY R & L (SIDE SHUFFLE with BACK ROCK)

1,2,3,4 R paddle, R paddle, R paddle L ½ turn then L tap
5,6,7,8 L paddle, L paddle, L paddle R ½ turn then R tap

1&2, 3,4 Step R to R side, Step L beside R (syncopated), Step R to R side, Step L backward rock, R recover
5&6, 7,8 Step L to L side, Step R beside L (syncopated), Step L to L side, Step R backward rock, L recover

1,2,3,4 R paddle, R paddle, R paddle L ½ turn then L tap
5,6,7,8 L paddle, L paddle, L Tap R ½ turn then R tap

1&2, 3,4 Step R to R side, Step L beside R (syncopated), Step R to R side, Step L backward, Step R
5&6, 7,8 Step L to L side, Step R beside L (syncopated), Step L to L side, Step R backward, Step L

WALK, WALK, HUSTLE FUSION x4 & 1 (FULL CIRCLE; END WHERE YOU STARTED FACING FRONT WALL)

1,2	R Walk forward, then L walk (fuses into syncopated hustle step)
&1, 2,3	Step R back, Rock L (syncopated), Step R forward, Step L forward
&1, 2,3	Step R back, Rock L (syncopated), Step R forward, Step L forward
&1, 2,3	Step R back, Rock L (syncopated), Step R forward, Step L forward
&1, 2,3	Step R back, Rock L (syncopated), Step R forward, Step L forward
&1	Step R back, Rock L (syncopated),

***** START OVER *****

Section 2:

KICK-BALL-POINT R & L, JAZZ BOX ¼ TURN R; KICK-BALL-POINT L & R, JAZZ BOX ¼ TURN L

R SHUFFLE FORWARD, with L ROCK RECOVER; L SHUFFLE BACKWARD with R ROCK RECOVER

GRAPEVINE R & L

SAMBA R & L, JAZZ BOX 1/4 TURN R x2

R PADDLE x3 with 1/2 TURN L, THEN TAP L; L PADDLE x3 with 1/2 TURN R, THEN TAP; LINDY R & L (SIDE SHUFFLE with BACK ROCK)

(NOTE: R Paddle Left ½ turn and Lindy done only once in this verse; BRIDGE)

BRIDGE TO:

WALK, WALK, HUSTLE FUSION x4 &1 THEN R TAP (FULL CIRCLE; END WHERE YOU STARTED FACING FRONT WALL)

TAG:

SAMBA R & L, JAZZ BOX ¼ TURN RIGHT X2

***** START OVER *****

Section 3:

KICK-BALL-POINT R & L, JAZZ BOX ¼ TURN R; KICK-BALL-POINT L & R, JAZZ BOX ¼ TURN L

R SHUFFLE FORWARD, with L ROCK RECOVER; L SHUFFLE BACKWARD, with R ROCK RECOVER

GRAPEVINE R & L

(NOTE: no Samba; no Paddle & Tap; no Lindy/Side Shuffle; BRIDGE)

BRIDGE to:

WALK, WALK, HUSTLE FUSION x4 &1 (FULL CIRCLE; END WHERE YOU STARTED FACING FRONT WALL)

TAG:

GRAPEVINE R & L

LINDY R & L (SIDE SHUFFLE with BACK ROCK); SWAYS

1&2, 3,4	Step R to R side, Step L beside R (syncopated), Step R to R side, Step L backward, Step R
5&6, 7,8	Step L to L side, Step R beside L (syncopated), Step L to L side, Step R backward, Step L
1	Step R forward with Sway right, then Sway left with head tilt down

***** END OF DANCE *****

DUET/PARTNER VERSION

Partners hold hands as DUET, in TEAPOT HOLD (side by side) throughout dance.

SECTIONS 1 & 2, FOLLOW LINE DANCE WITH FOLLOWING CHANGES:

-Grapevine & Lindy steps are on R diagonal

-Hustle step: see following detail but note gal starts with R; gent starts L

1,2	GAL: R walk forward, then L walk to face gent. GENT: holds for 2; change hand hold
&1, 2,3	GAL: Step R back, Rock L (syncopated), Step R, Step L; GENT: Step L back, Rock R (syncopated) Step L, Step R (while turning together)
&1, 2,3	GAL: Step R back, Rock L (syncopated), Step R, Step L; GENT: Step L back, Rock R (syncopated) Step L, Step R (while turning together)
&1, 2,3	GAL: Step R back, Rock L (syncopated), Step R, Step L; GENT: Step L back, Rock R (syncopated) Step L, Step R (while turning together)
&1, 2,3	GAL: Step R back, Rock L (syncopated), Step R, Step L; GENT: Step L back, Rock R (syncopated) Step L, Step R (GENT leads GAL to return to Duet, Teapot hold facing front wall)
&1	GAL: Step R back, Rock L (syncopated); GENT holds for 2

SECTION 3:

KICK-BALL-POINT R & L, JAZZ BOX 1/4 TURN R; KICK-BALL-POINT L & R, JAZZ BOX 1/4 TURN L

R SHUFFLE FORWARD, with L RICK RECOVER; L SHUFFLE BACKWARD, with R ROCK RECOVER

DIAGONAL GRAPEVINE R & L

(Note: no Samba, no Paddle & Tap, no Lindy; BRIDGE)

BRIDGE to:

WALK, WALK, HUSTLE x5 (FULL CIRCLE; END WHERE YOU STARTED FACING FRONT WALL)

1,2	GAL: R walk forward, then L walk to face gent. GENT: holds for 2; change hand hold
&1, 2,3	GAL: Step R back, Rock L (syncopated), Step R, Step L; GENT: Step L back, Rock R (syncopated) Step L, Step R (while turning together)
&1, 2,3	GAL: Step R back, Rock L (syncopated), Step R, Step L; GENT: Step L back, Rock R (syncopated) Step L, Step R (while turning together)
&1, 2,3	GAL: Step R back, Rock L (syncopated), Step R, Step L; GENT: Step L back, Rock R (syncopated) Step L, Step R (while turning together)
&1, 2,3	GAL: Step R back, Rock L (syncopated), Step R, Step L; GENT: Step L back, Rock R (syncopated) Step L, Step R (GENT leads GAL to return to Duet, Teapot hold facing front wall)
&1, 2,3	GAL: Step R back, Rock L (syncopated), Step R IN PLACE, Step L IN PLACE; GENT: Step L back, Rock R (syncopated) Step L IN PLACE, Step R IN PLACE

TAG:

FORWARD HUSTLE x3 IN DUET HOLD WITH 1/2

&1, 2,3	GAL: Step R back, Rock L (syncopated), Step R FORWARD, Step L FORWARD; GENT: Step L back, Rock R (syncopated), Step L FORWARD, Step R FORWARD
&1, 2,3	GAL: Step R back, Rock L (syncopated) with 1/2 TURN R while releasing Duet hold to Arm to Arm hold side by side, Step R FORWARD, Step L FORWARD; GENT: Step L back, Rock L (syncopated), with 1/2 TURN L while releasing Duet hold to Arm to Arm hold,, Step L FORWARD, Step R FORWARD
&1, 2,3	GAL: Step R back, Rock L (syncopated) with 1/2 TURN L while returning to Duet, Teapot hold, Step R IN PLACE, Step L IN PLACE; GENT: Step L back, Rock R (syncopated), with 1/2 TURN R while leading Gal to Duet, Teapot Hold, Step L IN PLACE, Step R IN PLACE

DIAGONAL GRAPEVINE R & L with SWAYS x8

1,2,3,4	Step R to R side, cross L behind R; Step R to R side, touch L beside R
5,6,7,8	Step L to L side, cross R behind L; Step L to L side, touch R beside L
1,2,3,4,5,6,7,8	Step R forward diagonal with Sway R, then Step L with Sway L x8 while turning L

***** END OF DANCE *****

Duet Version in collaboration with Stan Burd.

Last Update: 1 Apr 2025
