

Sway (Cha Cha Cha)

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner / Improver
編舞者: Anna (INA) & Greesita Wiranegara (INA) - February 2025
音樂: Sway (Cha Cha / 30 BPM) - Ross Mitchell, His Band and Singers



Starting Dance - Begin on 4 counts into the vocals at the word " start "

SECTION I - ROCK SIDE L - ROCK BACK R - RECOVER - FWD LOCK SHUFFLE R - FWD L- 1/4 TURN R WITH HING - FWD LOCK SHUFFLE R

1 - 2 - 3 Rock L to left side - Rock back on R - Recover on L
4 & 5 Step R forward - Lock L behind R - Step R forward
6 - 7 Step L forward - 1/4 Turn R with Hook on RF (03:00)
8 & 1 Step R forward - Lock L behind R - Step R forward

SECTION II - SIDE WITH SLOW SWAY L TO R - SAILOR STEP - CROSS TOUCH R- UNWIND - KICK FWD R POINT SIDE L

2 - 3 Step L to left side with Sway L - Recover on R with Sway R (body weigh on right)
4 & 5 Cross L behind R - Step R close - Step L to left side
6 - 7 Cross R over L slightly with R toe (body weight on left) - 1/2 Turn L Recover onto L (09:00)
8 & 1 Kick R forward - Step R Close - Touch point on L to left side

SECTION III - CLOSE TOUCH L- SIDE L (FLICK R)- LOCK SHUFFLE FWD R - ½ PIVOT TURN R – LOCK SHUFFLE FWD L

2-3 Touch L beside R- Step L to left side while flicking R
4&5 Step R forward – lock L behind R – step R forward
6-7 Step L forward – turn ½ R (weight on R)
8&1 Step L forward- lock R behind L- step L forward

SECTION IV - HALF RUMBA BOX – SIDE L SWAY (L,R,L)- CLOSE R

2-3 Step R to R side – close L beside R
4&5 Step R forward- step L beside R- step R forward
6-7 Step L to left side with sway to L – sway to R
8& Sway to L – close R next to L

NO TAG NO RESTART

THANK YOU...

ANY QUESTIONS ABOUT THIS STEP SHEET PLEASE CONTACT:

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