

Aloha

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Han Myoungmin (KOR) - February 2025
音樂: Aloha, a pleasant greeting (알로하, 기분 좋은 인사) - Ukulele Picnic (우쿨렐레 피크닉)



No TAG / No RESTART

Intro : 32 Counts. Start at approx 13 secs

SEC 1 : Hully Gully Step (R,L) (Option: with Hip & Arms movements, similar to the Hawaiian Hula Dance)

1234 Step RF to R side (Lift L hip)(1), Step LF next to RF (Lift R hip)(2), Step RF to R side (Lift L hip)(3), Touch LF next to RF(4)
5678 Step LF to L side (Lift R hip)(5), Step RF next to LF (Lift L hip)(6), Step LF to L side (Lift R hip)(7), Touch RF next to LF(8)

SEC 2 : Cross Heel TouchX2, Side Point TouchX2, Cross Heel Touch, Side Point Touch, 1/4 Sailor Turn

1234 Cross Touch R heel over LF (1), Cross Touch R heel over LF (2), Point Touch R Toe to R side (3), Point Touch R Toe to R side (4)
5 6 Cross Touch R heel over LF (5), Point Touch R Toe to R side (6),
7&8 Cross RF behind LF (7)(12:00), 1/4Turn R Stepping LF to L side(&), Step RF fwd(8)(3:00)

SEC 3 : Toe Strut L,R (with L,R Hip up), 1/4 Paddle Turn with Swivel(Option: Hip Circle)

1234 Touch L Toe fwd (Lift L hip)(1), Drop L heel down(2), Touch R Toe fwd (Lift R hip)(3), Drop R heel down (4)(3:00)
5678 1/8 Pivot Turn R stepping LF fwd (5), Swivel RF to R side (6)(4:30), 1/8 Pivot Turn R stepping LF fwd (7), Swivel RF to R side (8)(6:00)

SEC 4 : Overvine, Heel Touch(waving hello), Modified Rocking Chair

1234 Cross LF over RF(1), Step RF to R side(2) Cross LF behind RF(3), Touch R heel R diagonal fwd (waving hello)(4)(6:00)
5678 1/4 Turn R Stepping RF fwd with slightly bending R Knee(Open your arms) (5)(9:00), Recover LF(6), Rock RF back(7), Recover LF(8)

Aloha!

You are beautiful just the way you are. :-)

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