Free Like Me



編舞者: Unknown - February 2025

音樂: Free Like - Maddie & Tae: (iTunes and Amazon)



Intro: 32 counts (start with lyrics)

NO TAGS, NO RESTARTS, YOU'RE WELCOME □

(1 - 8) RUMBA BOX

1 – 4 Step R to R, Step L next to R, Step R forward, Touch L next to R
5 – 8 Step L to L, Step R next to L, Step L backward, Touch R next to L

(9 - 16) SHUFFLE BACKWARD, HOLD, SHUFFLE 1/2 TURN TO L, HOLD

1 – 4 Step R forward backward, Step L next to R, Step R backward, Hold

5 – 8 Make ½ turn to L stepping L to L slightly, R next to L, L slightly forward, Hold (6:00)

(17 - 24) GRAPEVINE R, GRAPEVINE L

1 – 4 Step R to R, Step L behind R, Step R to R, Touch L next to R
5 – 8 Step L to L, Step R behind L, Step L to L, Touch R next to L

(25-32) % PADDLE TURN TO L (see video for help with this if needed \Box)

1 - 2 Push with R turning to L, Hold (10:00)
3 - 4 Push with R turning to L, Hold (7:00)
5 - 6 Push with R turning to L, Hold (5:00)
7 - 8 Push with R turning to L, Hold (3:00)

Restart and smile

Styling suggestion: you may make the grapevines rolling vines if you'd prefer.

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