

This Is Cool

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 2 級數: Improver
編舞者: Anna Ovaska (FIN) - December 2024
音樂: Cool - Jason Blaine



*1 restart on wall 3 after 8 counts

No tags

Starting point: Intro 16secs. When he starts to sing the first words "Cool was a.." start dancing on the word "Cool".

[1-8] STOMP, HOLD, BEHIND, KICK, BEHIND, STEP ¼, STEP, PIVOT ¼

- 1-2 Stomp rf to R side (1) , hold (2)
- 3-4 Step Lf behind rf, kick Rf to side
- 5-6 Step Rf behind Lf, Step Lf side turning ¼ to L
- 7-8 Step Rf forward, pivot ¼ to L leaving weight to Lf

(Restart here on wall 3)

[9-16] STEP, POINT, STEP, POINT, HEEL GRIND, BEHIND, SIDE, CROSS

- 1-2 Step Rf forward, point Lf to L side
- 3-4 Step Lf forward, point Rf to R side
- 5-6 Heel Grind Rf over Lf (5), step Lf to L side (6)
- 7&8 Step Rf behind Lf (7), Step Lf to L side (&), Step Rf over Lf (8)

[17-24] STOMP, HOLD, REVERSE ROCKING CHAIR, STEP BACK, TOGETHER

- 1-2 Stomp Lf to L side (1), Hold (2)
- 3-4 Rockstep Rf back, recover weight to Lf
- 5-6 Rockstep Rf forward, recover weight to Lf
- 7-8 Big step Rf back (7), step Lf next to Rf leaving weight to Lf (8)

[25-32] STEP, STEP, TOE, HEEL, JAZZBOX, CROSS

- 1-2 Step Rf forward, Step Lf forward
- 3 Touch R toe beside Lf as you turn R knee in (3)
- 4 Touch R heel out to R diagonal as you turn R knee out
- 5-8 Cross Rf over Lf (5), Step Lf back (6), Step Rf to side (7), cross Lf over Rf (8)

[33-40] BIG STEP SIDE AND DRAG, BEHIND, SIDE, CROSS ROCK, RECOVER, CHASSE

- 1-2 Step big step Rf to R side (1) and drag Lf next to Rf leaving weight to Rf (2)
- 3-4 Step Lf behind Rf, Step Rf to R side
- 5-6 Cross rock step Lf over Rf, recover weight to Rf
- 7&8 Step Lf to L side (7), Step Rf beside Lf (&), Step Lf to L side (8)

[41-48] ROCK, RECOVER, STEP, SCUFF, ROCK, RECOVER, COASTER STEP

- 1-2 Rockstep Rf back, recover weight to Lf
- 3-4 Step Rf forward (3) and scuff Lf forward (4)
- 5-6 Rockstep Lf forward, recover weight to Rf
- 7&8 Step Lf back, step Rf next to Lf, Step Lf forward

And you are ready to start again! Enjoy while dancing. :)

Last Update: 4 May 2025

