Hey Sexy Lady

拍數: 64

級數: Phrased Improver

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音樂: Gangnam Style - PSY

Structure: A - B - A - Tag 1 - A - B - A - B - A - Tag 1 - A - B - A - Tag 2 - B

Intro: 32 counts Block A [1 – 8] Mime riding a horse while spinning a lasso Legs slightly bent with feet facing out (2nd position demi-plié) on a slight diagonal, prance on the spot while pretending to spin a lasso 1-2 R in front, L in front 3-4 R in front x2 5-6 L in front. R in front

7-8 L in front x2

[9 – 16] Grapevine R, spin L (option to grapevine L instead)

- 9-10 Step R to R, step L behind R
- 11-12 Step R to R, L close
- 13-14 Step L to L, step R in front of L
- 15-16 Step L behind R in the direction of turn, R close

[17 - 24] Walk forward, walk back

- 17-18 Step R fwd, dragging L behind
- 19-20 Step L fwd, R close
- 21-22 Step L back, dragging R
- 23-24 Step R back, L close

[25 - 32] Skaters and turn

- 25-26 Tap R to R, tap L to L
- 27-28 Tap R to R x2
- 29-30 Tap L to L, tap R to R
- 31-32 Tap L to L, turn ¼ clockwise and close

Block B

[1 – 8] Shuffle R, drag R

- 1-5 Shuffle R, hands on hips and legs relatively straight but apart
- 6-7 Step R, drag L to R
- 8 Finish drag with weight on L

[9 - 16] Box step R, toe taps and heel slap R

- 9-10 Step R fwd, step L across over R
- 11-12 Step R back, L close
- 13-14 Tap R fwd, tap R to R
- 15-16 Slap R heel behind with L hand, R close

[17 – 24] Shuffle L, drag L

- 17-21 Shuffle L, arms loose and legs relatively straight but apart
- 22-23 Step L, drag R to L
- 24 Finish drag with weight on R
- [25 32] Box step L, toe taps and heel slap L, turn





牆數:4

- 25-26 Step L fwd, step R across over L
- 27-28 Step L back, R close
- 29-30 Tap L fwd, tap L to L
- 31-32 Slap L heel behind with R hand, turn ¼ clockwise

Tag 1

[1-8] Tap and slide R, box step R

- 1-2 Tap R to R, R close
- 3-4 Step R to R, drag L to close (finish with weight on L)
- 5-6 Step R fwd, step L across over R
- 7-8 Step R back, L close

[9-16] Tap and slide L, box step L

- 9-10 Tap L to L, L close
- 11-12 Step L to L, drag R to close (finish with weight on R)
- 13-14 Step L fwd, step R across over L
- 15-16 Step L back, R close

[17 – 20] Toe taps and heel slap L, turn

- 17-18 Tap L fwd, tap L to L
- 19-20 Slap L heel behind with R hand, turn ¼ clockwise

Tag 2

[1 - 8] Freeze, jump on the spot

- 1-4 Stand still, as if a statue (posing optional, but recommended)
- 5-8 Jump on the spot x4

When the song ends, there is the option to collapse onto the floor in a dramatic fashion (this too is optional, but recommended)