Love Is a Cowboy (P)



拍數: 64 編數: 0 級數: Beginner / Intermediate - Partner

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音樂: LOVE IS A COWBOY - Kelsea Ballerini



Closed Western Position The man facing OLOD and the woman facing ILOD The steps of the man and the woman are of opposite type, unless indicated

Intro: 8 counts

[1-8]

M: SIDE, SLIDE, SIDE SHUFFLE L, WEAVE L W: SIDE, SLIDE, SIDE SHUFFLE R, WEAVE R

1-2 M: Step RF to the right - Slide the LF plant next to the RF

W: Step LF to the left - Slide the RF plant next to the LF

3&4 M: Shuffle LF, RF, LF, sideways to the left

W: Shuffle RF, LF, RF, sideways to the right

5-6-7-8 M: Cross the RF in front of the LF - Step the LF to the left - Cross the RF behind the LF -

Step LF to the left

W: Cross the LF behind the RF - Step the RF to the right - Cross the LF in front of the RF -

Step the RF to the right

[9-16]

M: ROCK BACK, SHUFFLE 1/4 TURN L, WALK, WALK, SHUFFLE FWD W: ROCK BACK, SHUFFLE 3/4 TURN R, BACK, BACK, SHUFFLE BACK

1-2 M: Rock back the RF - Recover on the LF

W: Rock back the LF - Recover on the RF

On 1, take the Open Double Hand Hold Position

3&4 M: Shuffle RF, LF, RF, making 1/4 turn to the left LOD

W: Shuffle LF, RF, LF, making 3/4 turn to the right RLOD

On 3, the man releases the contact of his R hand, lifts the contact of his L hand and the woman goes below

5-6 M: Step fwd the LF - Step fwd the RF

W: Step back the RF - Step back the LF

Take the Closed Western Position

7&8 M: Shuffle fwd LF, RF, LF

W: Shuffle back RF, LF, RF

[17-24]

M: ROCK STEP, SHUFFLE BACK, ROCK BACK, SHUFFLE FWD

W: ROCK BACK, SHUFFLE FWD, STEP, PIVOT 1/2 TURN L, SHUFFLE FWD

1-2 M: Rock fwd the RF - Recover on the LF

W: Rock back the LF - Recover on the RF

3&4 M: Shuffle back RF, LF, RF

W: Shuffle fwd LF, RF, LF

5-6 M: Rock back the LF - Recover on the RF

W: Step fwd the RF - Pivot 1/2 turn to the left LOD

The man raises the contact of his L hand and lowers his R hand to make contact with the woman's L hand The woman turns below the man's L arm, take Wrap Position facing LOD

7&8 M: Shuffle fwd LF, RF, LF

W: Shuffle fwd RF, LF, RF

[25-32]

M: SIDE, TOGETHER, SHUFFLE FWD, WALK, WALK, SHUFFLE FWD W: SIDE, TOGETHER, SHUFFLE FWD, 1/2 TURN L, BACK, SHUFFLE BACK

1-2 M: Step the RF to the right - Step the LF next to the RF W: Step the LF to the left - Step the RF next to the LF We change sides, the woman passes in front of the man, Reversed Wrap Position facing LOD 3&4 M: Shuffle fwd RF, LF, RF W: Shuffle fwd LF, RF, LF 5-6 M: Step fwd the LF - Step fwd the Rf W: 1/2 turn left and Step back the RF - Step back the LF RLOD The man release the contact of his R hand 7&8 M: Shuffle fwd LF, RF, LF W: Shuffle back RF, LF, RF On 7, take the Closed Western Position, the man facing LOD and the woman facing RLOD [33-40] M: SIDE, TOGETHER, SHUFFLE FWD, SIDE, TOGETHER, SHUFFLE BACK W: SIDE, TOGETHER, SHUFFLE BACK, SIDE, TOGETHER, SHUFFLE FWD 1-2 M: Step the RF to the right - Step the LF next to the RF W: Step the LF to the left - Step the RF next to the LF M: Shuffle fwd RF, LF, RF 3&4 W: Shuffle back LF, RF, LF 5-6 M: Step the LF to the left - Step the RF next to the LF W: Step the RF to the right - Step the LF next to the RF M: Shuffle back LF, RF, LF 7&8 W: Shuffle fwd RF, LF, RF [41-48] M: (ROCK SIDE, DIAGONAL SHUFFLE FWD) X2 W: (ROCK SIDE, DIAGONAL SHUFFLE BACK) X2 M: Rock the RF to the right - Recover on the LF W: Rock the LF to the left - Recover on the RF We align R shoulder to R shoulder while remaining in the Closed Western Position M: Shuffle RF, LF, RF, advancing diagonally to the left 3&4 W: Shuffle LF, RF, LF, backing diagonally to the right When the man advances in Diagonal Shuffle, he does it to the left of the woman's R feet 5-6 M: Rock the LF to the left - Recover on the RF W: Rock the RF to the right - Recover on the LF We align L shoulder to L shoulder while remaining in Closed Western Position 7&8 M: Shuffle LF, RF, LF, advancing diagonally to the right W: Shuffle RF, LF, RF, backing diagonally to the left When the man advances in Diagonal Shuffle, he does it to the right of the woman's L feet [49-56] M: ROCK BACK, DIAGONAL SHUFFLE FWD, SIDE, TOGETHER, SHUFFLE FWD W: ROCK BACK, DIAGONAL SHUFFLE FWD, CROSS, SIDE, SHUFFLE BACK M: Rock back the RF - Recover on the LF 1-2 W: Rock back the LF - Recover on the RF On 1, take the Open Double Hand Hold Position 3&4 M: Shuffle RF, LF, RF, advancing diagonally to the right W: Shuffle LF, RF, LF, advancing diagonally to the right We cross, the man lifts the contact of his L hand, releases the contact of his R hand and the woman goes below 5-6 M: Step LF to the left - Step the RF next to the LF W: Cross the RF in front of the LF - Step the LF to the left On 5, we change sides and on 6, the man makes contact of his R hand with the woman's L hand in the

We finish as back to back but one next to the other, the contacts of the hands crossed in the back 7&8 M: Shuffle fwd LF, RF, LF

woman's back

[57-64]

M: STEP, PIVOT 1/2 TURN L, SHUFFLE FWD, STEP, PIVOT 1/2 TURN R, SHUFFLE 1/4 TURN R W: ROCK BACK, SHUFFLE FWD, STEP, PIVOT 1/2 TURN L, SHUFFLE 1/4 TURN L

1-2 M: Step fwd the RF - Pivot 1/2 turn to the left RLOD

W: Rock back the LF - Recover on the RF

On 1, the man releases the contact of his R hand On 2, Left Open Promenade Position facing RLOD

3&4 M: Shuffle fwd RF, LF, RF

W: Shuffle fwd LF, RF, LF

5-6 M: Step fwd the LF - Pivot 1/2 turn to the right

W: Step fwd the RF - Pivot 1/2 turn to the left

On 5, the man releases the contact of the hands

7&8 M: Shuffle LF, RF, LF, making 1/4 turn to the right OLOD

W: Shuffle RF, LF, RF, making 1/4 turn to the left ILOD

Take the Closed Western Position, the man facing OLOD and the woman facing ILOD

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